

Individual Meet Results

West Wales Regionals 2019 01-Feb-19 to 10-Feb-19 [Ageup: 31/12/2019] SC Meters

Sanction: WL190039/40 Location: Haverfordwest Leisure Centre

Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 1D Boys 1500 Free 14-14						
18:37.50S	F	Andrews, Rory	14	1	---	25.63
Event # 1E Boys 1500 Free 15-16						
17:38.43S	F	White, Henry	15	2	---	-71.34
Event # 2B Girls 800 Free 12-12						
10:42.15S	F	Knowles, Amy A.	12	1	---	3.38
12:31.67S	F	McDonald, Erin	12	4	---	-12.79
Event # 2E Girls 800 Free 15-16						
10:30.83S	F	Thomson, Megan E.	15	3	---	13.84
11:08.69S	F	Griffiths, Seren	15	4	---	33.35
Event # 3A Girls 50 Back 13-13						
37.99S	P	John, Lucy	13	6	---	-0.01
38.25S	P	Griffiths, Enfys	13	8	---	-1.91
38.38S	F	John, Lucy	13	7	---	0.38
39.19S	P	James, Nia	13	9	---	1.02
39.61S	F	Griffiths, Enfys	13	8	---	-0.55
39.95S	P	Hale, Chloe	13	10	---	-3.34
Event # 3B Girls 50 Back 14-14						
33.95S	P	White, Amy V.	14	2	---	-1.52
34.01S	F	White, Amy V.	14	2	---	-1.46
34.36S	P	Krol, Sophie	14	3	---	-0.61
34.41S	F	Krol, Sophie	14	3	---	-0.56
Event # 3C Girls 50 Back 15-16						
33.32S	P	Robinson, Francesca S.	16	1	---	-0.07
33.63S	F	Robinson, Francesca S.	16	2	---	0.24
Event # 3D Girls 50 Back 17 & Over						
33.31S	F	Harding, Lucy	18	2	---	0.46
33.33S	P	Harding, Lucy	18	2	---	0.48
Event # 4B Boys 50 Fly 12-12						
33.78S	F	Thomas, Dewi	12	3	---	-1.62
34.23S	P	Thomas, Dewi	12	3	---	-1.17
38.09S	F	Fletcher, Owen	12	5	---	-0.17
38.49S	P	Fletcher, Owen	12	5	---	0.23
Event # 5A Boys 100 Back 13-13						
NS	P	Devonald, James	13	---	---	---
NS	P	Owen, Cai	13	---	---	---
Event # 5B Boys 100 Back 14-14						
1:08.70S	F	Andrews, Rory	14	2	---	-1.09
1:09.40S	P	Andrews, Rory	14	2	---	-0.39

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Time	F/P/S	Name	Age	Place	Points	Impr
Event # 5C Boys 100 Back 15-16						
1:03.43S	P	White, Henry	15	1	---	0.82
1:03.91S	F	White, Henry	15	1	---	1.30
Event # 6A Girls 400 IM 13-13						
6:16.95S	F	White, Eleanor R.	13	3	---	3.42
Event # 6B Girls 400 IM 14-14						
5:49.49S	F	White, Amy V.	14	3	---	5.22
Event # 6D Girls 400 IM 17 & Over						
NS	F	Twigg, Louisa E.	18	---	---	---
Event # 8A Girls 200 Free 11-11						
NS	F	Hanna, Jazmine	11	---	---	---
Event # 8B Girls 200 Free 12-12						
2:22.01S	F	Knowles, Amy A.	12	1	---	-4.39
2:45.90S	F	McDonald, Erin	12	8	---	-10.89
3:06.60S	F	Devonald, Niamh	12	14	---	-3.91
3:11.02S	F	Allen, Erin	12	15	---	1.19
Event # 9A Girls 50 Fly 11-11						
47.52S	P	Semaani, Sabrina	11	12	---	-4.44
NS	P	Gilderdale, Celyn	11	---	---	---
NS	P	Hanna, Jazmine	11	---	---	---
Event # 9B Girls 50 Fly 12-12						
32.99S	P	Knowles, Amy A.	12	1	---	-0.74
33.28S	F	Knowles, Amy A.	12	1	---	-0.45
40.80S	P	Devonald, Niamh	12	9	---	-3.49
46.12S	P	Allen, Erin	12	12	---	1.77
47.46S	P	Phillips, Ellie	12	15	---	-5.51
48.12S	P	Owen, Betsy	12	16	---	-2.72
Event # 10B Boys 100 Free 12-12						
1:06.17S	F	Thomas, Dewi	12	3	---	-1.18
1:07.75S	P	Thomas, Dewi	12	3	---	0.40
1:16.12S	F	Fletcher, Owen	12	6	---	0.26
1:16.89S	P	Fletcher, Owen	12	7	---	1.03
Event # 11A Girls 100 Fly 13-13						
1:20.08S	F	White, Eleanor R.	13	4	---	0.36
1:20.95S	P	White, Eleanor R.	13	5	---	1.23
1:22.40S	F	Griffiths, Enfys	13	7	---	-10.60
1:23.08S	P	Webb, Alys	13	7	---	-5.07
1:23.39S	P	Griffiths, Enfys	13	8	---	-9.61
1:27.58S	F	Webb, Alys	13	8	---	-0.57
1:35.77S	P	Hale, Chloe	13	12	---	0.89

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Time	F/P/S	Name	Age	Place	Points	Impr
Event # 11C Girls 100 Fly 15-16						
1:12.14S	P	Robinson, Francesca S.	16	3	---	1.18
1:13.03S	F	Robinson, Francesca S.	16	3	---	2.07
1:15.18S	P	Griffiths, Seren	15	4	---	-1.78
1:16.83S	F	Griffiths, Seren	15	4	---	-0.13
Event # 11D Girls 100 Fly 17 & Over						
NS	P	Twigg, Louisa E.	18	---	---	---
Event # 13B Boys 200 Breast 14-14						
2:46.91S	F	Andrews, Rory	14	2	---	1.33
Event # 13C Boys 200 Breast 15-16						
2:36.65S	F	White, Henry	15	1	---	1.31
Event # 13D Boys 200 Breast 17 & Over						
2:25.31S	F	Barrett, Sean A.	17	1	---	-0.06
Event # 14A Boys 50 Fly 13-13						
NS	P	Owen, Cai	13	---	---	---
Event # 14B Boys 50 Fly 14-14						
* 30.95S	P	McDowell, Josh	14	2	---	-6.00
* 30.95S	F	McDowell, Josh	14	2	---	-6.00
Event # 14D Boys 50 Fly 17 & Over						
27.52S	F	Barrett, Sean A.	17	4	---	-1.46
27.59S	P	Barrett, Sean A.	17	2	---	-1.39
Event # 15A Girls 100 Breast 11-11						
NS	P	Hanna, Jazmine	11	---	---	---
Event # 15B Girls 100 Breast 12-12						
1:41.24S	F	Owen, Betsy	12	3	---	-8.72
1:42.63S	F	Allen, Erin	12	4	---	-9.46
1:43.81S	P	Owen, Betsy	12	3	---	-6.15
1:48.23S	P	Allen, Erin	12	4	---	-3.86
Event # 16B Boys 200 Back 12-12						
2:37.89S	F	Thomas, Dewi	12	1	---	2.79
Event # 17A Boys 400 Free 13-13						
NS	F	Owen, Cai	13	---	---	---
Event # 17B Boys 400 Free 14-14						
4:32.24S	F	Andrews, Rory	14	1	---	5.25
Event # 18A Girls 200 Free 13-13						

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Time	F/P/S	Name	Age	Place	Points	Impr
Event # 18A Girls 200 Free 13-13						
2:31.10S	F	Griffiths, Enfys	13	3	---	-3.78
2:39.09S	F	White, Eleanor R.	13	12	---	2.93
2:40.49S	F	Goddard, Evie E.	13	13	---	-6.91
2:41.03S	F	John, Lucy	13	15	---	-11.69
2:41.72S	F	James, Nia	13	17	---	0.83
2:42.81S	F	Webb, Alys	13	18	---	2.37
2:44.02S	F	Hale, Chloe	13	19	---	0.34
Event # 18C Girls 200 Free 15-16						
2:22.35S	F	Robinson, Francesca S.	16	5	---	-3.68
2:24.55S	F	Griffiths, Seren	15	6	---	-0.98
Event # 18D Girls 200 Free 17 & Over						
NS	F	Twigg, Louisa E.	18	---	---	---
Event # 19A Girls 50 Free 11-11						
40.31S	P	Gilderdale, Celyn	11	18	---	-2.49
41.45S	P	Semaani, Sabrina	11	19	---	-2.17
42.36S	P	Green, Ellie	11	21	---	-1.18
NS	P	Hanna, Jazmine	11	---	---	---
44.63S	DQ	Peach, Eliza M.	11	---	---	---
Event # 19B Girls 50 Free 12-12						
30.65S	P	Knowles, Amy A.	12	1	---	-0.01
30.96S	F	Knowles, Amy A.	12	1	---	0.30
34.12S	P	McDonald, Erin	12	13	---	-1.53
36.86S	P	Devonald, Niamh	12	20	---	-1.16
37.23S	P	Owen, Betsy	12	21	---	-1.65
39.49S	P	Phillips, Ellie	12	25	---	-0.64
Event # 20A Boys 100 Breast 11-11						
1:46.84S	F	Griffiths, George	11	1	---	-6.00
1:51.43S	P	Griffiths, George	11	2	---	-1.41
Event # 20B Boys 100 Breast 12-12						
1:35.80S	F	Fletcher, Owen	12	3	---	0.65
1:37.15S	P	Fletcher, Owen	12	3	---	2.00
Event # 21A Girls 100 Free 13-13						
1:09.36S	F	Griffiths, Enfys	13	4	---	-1.81
1:09.92S	P	Griffiths, Enfys	13	4	---	-1.25
1:11.44S	P	Goddard, Evie E.	13	8	---	-4.53
1:12.58S	P	Webb, Alys	13	11	---	0.53
1:12.89S	F	Goddard, Evie E.	13	8	---	-3.08
1:13.34S	P	White, Eleanor R.	13	15	---	0.36
1:14.19S	P	John, Lucy	13	16	---	1.92
1:14.86S	P	James, Nia	13	17	---	-0.25
1:16.03S	P	Hale, Chloe	13	20	---	-0.56

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Time	F/P/S	Name	Age	Place	Points	Impr
Event # 21B Girls 100 Free 14-14						
1:07.95S	P	Krol, Sophie	14	9	---	0.29
1:09.68S	P	White, Amy V.	14	15	---	-0.02
Event # 21C Girls 100 Free 15-16						
1:04.40S	F	Robinson, Francesca S.	16	3	---	-0.89
1:05.26S	P	Robinson, Francesca S.	16	4	---	-0.03
1:05.33S	F	Griffiths, Seren	15	5	---	-1.80
1:05.72S	P	Griffiths, Seren	15	5	---	-1.41
Event # 21D Girls 100 Free 17 & Over						
NS	P	Twigg, Louisa E.	18	---	---	---
Event # 22A Girls 200 IM 11-11						
NS	F	Hanna, Jazmine	11	---	---	---
Event # 22B Girls 200 IM 12-12						
2:47.38S	F	Knowles, Amy A.	12	2	---	1.69
3:21.51S	F	McDonald, Erin	12	10	---	-3.62
NS	F	Owen, Betsy	12	---	---	---
Event # 23B Boys 200 Back 14-14						
2:25.73S	F	Andrews, Rory	14	1	---	1.62
Event # 23C Boys 200 Back 15-16						
2:18.96S	F	White, Henry	15	2	---	3.46
Event # 24A Boys 50 Back 11-11						
48.50S	P	Griffiths, George	11	6	---	3.38
49.58S	F	Griffiths, George	11	6	---	4.46
Event # 24B Boys 50 Back 12-12						
33.93S	F	Thomas, Dewi	12	1	---	-0.49
34.39S	P	Thomas, Dewi	12	2	---	-0.03
Event # 25B Girls 100 Fly 12-12						
1:13.91S	F	Knowles, Amy A.	12	1	---	0.47
1:15.27S	P	Knowles, Amy A.	12	1	---	1.83
Event # 26B Boys 100 Breast 14-14						
1:15.18S	F	McDowell, Josh	14	2	---	-6.96
1:16.17S	P	McDowell, Josh	14	2	---	-5.97
1:42.71S	F	Bridger, Steffan	14	8	---	0.74
1:44.02S	P	Bridger, Steffan	14	8	---	2.05
Event # 26D Boys 100 Breast 17 & Over						
1:07.10S	P	Barrett, Sean A.	17	1	---	-0.27
1:07.49S	F	Barrett, Sean A.	17	1	---	0.12
1:10.93S	P	Lewis, Matthew D.	34	2	---	0.08
1:11.01S	F	Lewis, Matthew D.	34	3	---	0.16

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Time	F/P/S	Name	Age	Place	Points	Impr
Event # 26D Boys 100 Breast 17 & Over						
1:24.37S	F	Rowland-Higgins, Issac	17	6	---	-2.04
1:25.37S	P	Rowland-Higgins, Issac	17	6	---	-1.04
Event # 27A Boys 200 IM 11-11						
3:35.02S	F	Griffiths, George	11	2	---	-4.58
Event # 27B Boys 200 IM 12-12						
2:43.65S	F	Thomas, Dewi	12	1	---	-3.89
3:03.65S	F	Fletcher, Owen	12	6	---	2.81
Event # 28A Girls 200 Back 13-13						
2:54.91S	F	James, Nia	13	5	---	1.04
2:56.86S	F	Hale, Chloe	13	7	---	-7.12
Event # 28B Girls 200 Back 14-14						
2:31.66S	F	White, Amy V.	14	2	---	-5.41
2:38.69S	F	Krol, Sophie	14	4	---	-3.58
Event # 28D Girls 200 Back 17 & Over						
2:35.21S	F	Harding, Lucy	18	2	---	11.55
Event # 29A Boys 50 Free 13-13						
33.12S	F	Owen, Cai	13	4	---	-1.84
33.20S	P	Owen, Cai	13	4	---	-1.76
NS	P	Devonald, James	13	---	---	---
Event # 29B Boys 50 Free 14-14						
27.61S	F	Andrews, Rory	14	2	---	-0.22
27.86S	P	Andrews, Rory	14	2	---	0.03
27.91S	P	McDowell, Josh	14	3	---	-4.24
28.16S	F	McDowell, Josh	14	3	---	-3.99
36.94S	P	Bridger, Steffan	14	12	---	0.26
Event # 29D Boys 50 Free 17 & Over						
25.82S	P	Barrett, Sean A.	17	4	---	-0.70
26.14S	F	Barrett, Sean A.	17	3	---	-0.38
29.14S	P	Rowland-Higgins, Issac	17	7	---	-2.42
Event # 30A Girls 50 Breast 13-13						
* 42.45S	P	Hale, Chloe	13	9	---	-0.97
* 42.45S	P	John, Lucy	13	9	---	-0.58
42.50S	P	Griffiths, Enfys	13	11	---	-2.10
43.58S	P	Goddard, Evie E.	13	13	---	-2.56
45.53S	DQ	P James, Nia	13	---	---	---
Event # 30B Girls 50 Breast 14-14						
41.28S	P	Krol, Sophie	14	8	---	0.40
41.41S	F	Krol, Sophie	14	8	---	0.53

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Event # 30C Girls 50 Breast 15-16						
38.30S	P	Robinson, Francesca S.	16	2	---	-0.57
39.07S	F	Robinson, Francesca S.	16	2	---	0.20
Event # 31B Boys 200 Free 12-12						
2:22.55S	F	Thomas, Dewi	12	1	---	-2.91
2:43.13S	F	Fletcher, Owen	12	4	---	-7.64
Event # 32B Boys 200 Fly 14-14						
2:25.00S	F	Andrews, Rory	14	1	---	1.43
Event # 32D Boys 200 Fly 17 & Over						
2:15.59S	F	Barrett, Sean A.	17	1	---	1.20
Event # 33A Girls 200 Fly 13-13						
3:00.42S	F	White, Eleanor R.	13	2	---	-12.48
Event # 33C Girls 200 Fly 15-16						
3:00.35S	F	Griffiths, Seren	15	3	---	-3.09
Event # 34A Girls 200 Back 11-11						
NS	F	Hanna, Jazmine	11	---	---	---
Event # 34B Girls 200 Back 12-12						
2:38.79S	F	Knowles, Amy A.	12	2	---	1.73
NS	F	McDonald, Erin	12	---	---	---
Event # 36B Boys 800 Free 12-12						
NS	F	Thomas, Dewi	12	---	---	---
Event # 36D Boys 800 Free 14-14						
9:35.74S	F	Andrews, Rory	14	2	---	---
Event # 37A Girls 50 Breast 11-11						
52.78S	P	Hanna, Jazmine	11	9	---	-0.53
54.22S	P	Peach, Eliza M.	11	13	---	-7.44
57.13S	P	Gilderdale, Celyn	11	18	---	0.33
Event # 38A Girls 100 Back 13-13						
1:20.15S	P	John, Lucy	13	5	---	-2.42
1:20.94S	F	Goddard, Evie E.	13	5	---	-5.01
1:21.65S	F	John, Lucy	13	7	---	-0.92
1:22.77S	P	Goddard, Evie E.	13	7	---	-3.18
1:23.53S	P	James, Nia	13	10	---	0.51
1:24.78S	P	Griffiths, Enfys	13	11	---	-1.06
1:27.82S	P	Webb, Alys	13	13	---	2.27
Event # 38B Girls 100 Back 14-14						
1:11.80S	F	White, Amy V.	14	4	---	-2.44

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Time	F/P/S	Name	Age	Place	Points	Impr
Event # 38B Girls 100 Back 14-14						
1:11.87S	P	White, Amy V.	14	3	---	-2.37
1:13.24S	P	Krol, Sophie	14	4	---	-0.83
1:13.70S	F	Krol, Sophie	14	5	---	-0.37
Event # 38C Girls 100 Back 15-16						
1:12.16S	F	Robinson, Francesca S.	16	2	---	-0.32
1:12.63S	P	Robinson, Francesca S.	16	2	---	0.15
Event # 38D Girls 100 Back 17 & Over						
1:09.98S	F	Harding, Lucy	18	1	---	1.31
1:11.51S	P	Harding, Lucy	18	1	---	2.84
Event # 39A Boys 100 Fly 13-13						
1:20.51S	F	Owen, Cai	13	4	---	-8.48
1:20.93S	P	Owen, Cai	13	3	---	-8.06
Event # 39B Boys 100 Fly 14-14						
1:06.75S	F	Andrews, Rory	14	1	---	0.21
1:07.92S	P	Andrews, Rory	14	2	---	1.38
Event # 39D Boys 100 Fly 17 & Over						
1:00.73S	P	Barrett, Sean A.	17	2	---	0.94
1:01.08S	F	Barrett, Sean A.	17	2	---	1.29
Event # 40B Girls 400 Free 12-12						
5:09.83S	F	Knowles, Amy A.	12	1	---	-8.26
5:52.92S	F	McDonald, Erin	12	10	---	-8.89
Event # 41B Boys 200 Breast 12-12						
3:18.91S	F	Fletcher, Owen	12	3	---	-5.60
3:25.44S	F	Butcher, Benjamin	12	4	---	2.21
Event # 42A Girls 50 Free 13-13						
32.44S	P	Goddard, Evie E.	13	7	---	-3.71
32.55S	P	Griffiths, Enfys	13	8	---	-0.67
32.81S	F	Goddard, Evie E.	13	6	---	-3.34
33.37S	P	Webb, Alys	13	13	---	0.22
33.48S	F	Griffiths, Enfys	13	8	---	0.26
33.55S	P	White, Eleanor R.	13	14	---	-3.01
33.74S	P	John, Lucy	13	17	---	0.29
34.11S	P	James, Nia	13	19	---	0.53
Event # 42B Girls 50 Free 14-14						
29.89S	F	Krol, Sophie	14	4	---	-0.54
29.93S	P	Krol, Sophie	14	4	---	-0.50
31.91S	P	White, Amy V.	14	15	---	-2.12
Event # 42C Girls 50 Free 15-16						
29.60S	F	Robinson, Francesca S.	16	3	---	0.09

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Event # 42C Girls 50 Free 15-16						
29.83S	P	Thomson, Megan E.	15	3	---	-0.60
29.84S	P	Robinson, Francesca S.	16	4	---	0.33
30.13S	F	Thomson, Megan E.	15	6	---	-0.30
30.59S	P	Griffiths, Seren	15	9	---	-0.48
Event # 42D Girls 50 Free 17 & Over						
29.47S	P	Harding, Lucy	18	2	---	0.28
30.29S	F	Harding, Lucy	18	2	---	1.10
NS	P	Twigg, Louisa E.	18	---	---	---
Event # 43A Boys 50 Breast 13-13						
46.85S	P	Owen, Cai	13	7	---	-1.03
50.55S	P	Henry, Mabon	13	10	---	-4.21
48.20S	DQ	F Owen, Cai	13	---	---	---
Event # 43B Boys 50 Breast 14-14						
32.95S	F	McDowell, Josh	14	1	---	-4.54
33.48S	P	McDowell, Josh	14	1	---	-4.01
45.36S	P	Bridger, Steffan	14	11	---	-1.37
Event # 43D Boys 50 Breast 17 & Over						
31.48S	F	Barrett, Sean A.	17	1	---	-1.19
31.52S	P	Barrett, Sean A.	17	1	---	-1.15
Event # 44B Boys 100 Back 12-12						
1:24.70S	F	Fletcher, Owen	12	3	---	-2.29
1:27.41S	F	Butcher, Benjamin	12	4	---	-3.64
1:27.42S	P	Butcher, Benjamin	12	3	---	-3.63
1:28.30S	P	Fletcher, Owen	12	5	---	1.31
1:38.98S	F	Thomson, Jacob	12	8	---	-0.71
1:40.61S	P	Thomson, Jacob	12	8	---	0.92
NS	P	Thomas, Dewi	12	---	---	---
Event # 45A Girls 200 IM 13-13						
2:53.32S	F	Griffiths, Enfys	13	5	---	-1.00
2:55.14S	F	White, Eleanor R.	13	6	---	0.72
2:59.05S	F	Webb, Alys	13	9	---	0.08
2:59.65S	F	John, Lucy	13	10	---	2.23
3:01.12S	F	Goddard, Evie E.	13	11	---	-4.02
Event # 45B Girls 200 IM 14-14						
2:44.45S	F	White, Amy V.	14	6	---	-0.57
NS	F	Krol, Sophie	14	---	---	---
Event # 45C Girls 200 IM 15-16						
2:38.68S	F	Robinson, Francesca S.	16	3	---	-0.92
2:41.19S	F	Thomson, Megan E.	15	4	---	1.43
2:47.83S	F	Griffiths, Seren	15	7	---	-0.57

Individual Meet Results

West Wales Regionals 2019 01-Feb-19 to 10-Feb-19 [Ageup: 31/12/2019] SC Meters
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 45D Girls 200 IM 17 & Over						
2:43.93S	F	Harding, Lucy	18	3	---	16.54
NS	F	Twigg, Louisa E.	18	---	---	---
Event # 46A Boys 200 IM 13-13						
3:01.48S	F	Owen, Cai	13	7	---	1.53
Event # 46B Boys 200 IM 14-14						
2:25.33S	F	Andrews, Rory	14	1	---	2.80
Event # 46C Boys 200 IM 15-16						
2:17.58S	F	White, Henry	15	1	---	3.22
2:50.41S	F	Goddard, Harrison J.	15	8	---	-4.74
Event # 46D Boys 200 IM 17 & Over						
2:12.99S	F	Barrett, Sean A.	17	1	---	-0.54
Event # 48A Boys 50 Free 11-11						
37.50S	F	Griffiths, George	11	6	---	-0.82
38.54S	P	Griffiths, George	11	5	---	0.22
Event # 48B Boys 50 Free 12-12						
33.92S	F	Fletcher, Owen	12	4	---	0.04
34.61S	P	Fletcher, Owen	12	5	---	0.73
NS	P	Thomas, Dewi	12	---	---	---
Event # 49A Girls 100 Back 11-11						
1:32.04S	P	Hanna, Jazmine	11	9	---	-1.87
Event # 49B Girls 100 Back 12-12						
1:12.94S	P	Knowles, Amy A.	12	1	---	-0.42
1:13.41S	F	Knowles, Amy A.	12	1	---	0.05
1:32.49S	P	Devonald, Niamh	12	14	---	-7.08
Event # 50A Boys 200 Free 13-13						
2:38.48S	F	Owen, Cai	13	6	---	-6.80
Event # 50B Boys 200 Free 14-14						
2:08.93S	F	Andrews, Rory	14	1	---	3.77
Event # 50C Boys 200 Free 15-16						
2:05.98S	F	White, Henry	15	3	---	1.21
Event # 50D Boys 200 Free 17 & Over						
1:59.85S	F	Barrett, Sean A.	17	1	---	0.67
Event # 51B Boys 200 Fly 12-12						
3:14.22S	F	Fletcher, Owen	12	1	---	-2.02

Individual Meet Results

West Wales Regionals 2019 01-Feb-19 to 10-Feb-19 [Ageup: 31/12/2019] SC Meters
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 52A Girls 200 Breast 13-13						
3:21.90S	F	John, Lucy	13	6	---	5.10
3:27.35S	F	Webb, Alys	13	8	---	-18.40
Event # 52B Girls 200 Breast 14-14						
3:10.05S	F	Krol, Sophie	14	6	---	-11.38
Event # 53A Boys 50 Back 13-13						
NS	P	Devonald, James	13	---	---	---
Event # 53B Boys 50 Back 14-14						
33.25S	P	McDowell, Josh	14	2	---	-2.83
33.97S	F	McDowell, Josh	14	4	---	-2.11
37.63S	DQ	P	Ralph, Robbie	14	---	---
Event # 53C Boys 50 Back 15-16						
29.24S	P	White, Henry	15	3	---	0.12
29.41S	F	White, Henry	15	3	---	0.29
Event # 54A Girls 50 Fly 13-13						
34.83S	F	White, Eleanor R.	13	3	---	0.82
34.85S	P	White, Eleanor R.	13	3	---	0.84
36.18S	P	Griffiths, Enfys	13	4	---	-1.99
36.83S	F	Griffiths, Enfys	13	6	---	-1.34
37.84S	P	Goddard, Evie E.	13	9	---	-1.42
38.24S	P	Webb, Alys	13	11	---	-1.34
38.50S	P	Hale, Chloe	13	12	---	-1.49
39.07S	P	John, Lucy	13	14	---	1.49
Event # 54C Girls 50 Fly 15-16						
31.44S	F	Robinson, Francesca S.	16	3	---	0.11
31.77S	P	Robinson, Francesca S.	16	5	---	0.44
32.21S	P	Griffiths, Seren	15	7	---	-2.32
32.54S	F	Griffiths, Seren	15	7	---	-1.99
33.06S	P	Thomson, Megan E.	15	9	---	-2.58
Event # 54D Girls 50 Fly 17 & Over						
NS	P	Twigg, Louisa E.	18	---	---	---
Event # 55B Boys 100 Fly 12-12						
1:22.81S	F	Fletcher, Owen	12	2	---	-8.26
1:26.73S	P	Fletcher, Owen	12	3	---	-4.34
NS	P	Thomas, Dewi	12	---	---	---
Event # 56B Boys 400 IM 14-14						
5:07.70S	F	Andrews, Rory	14	1	---	4.28
Event # 56C Boys 400 IM 15-16						
5:00.15S	F	White, Henry	15	3	---	7.66

Individual Meet Results

West Wales Regionals 2019 01-Feb-19 to 10-Feb-19 [Ageup: 31/12/2019] SC Meters
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 57A Girls 400 Free 13-13						
6:00.43S	F	Goddard, Evie E.	13	10	---	-11.40
Event # 57C Girls 400 Free 15-16						
5:26.42S	F	Griffiths, Seren	15	10	---	8.52
NS	F	Thomson, Megan E.	15	---	---	---
Event # 57D Girls 400 Free 17 & Over						
NS	F	Twigg, Louisa E.	18	---	---	---
Event # 58A Girls 100 Free 11-11						
1:23.73S	P	Hanna, Jazmine	11	14	---	-1.73
Event # 58B Girls 100 Free 12-12						
1:06.98S	P	Knowles, Amy A.	12	1	---	0.03
1:07.01S	F	Knowles, Amy A.	12	1	---	0.06
1:23.28S	P	Owen, Betsy	12	19	---	-2.94
1:23.49S	P	Devonald, Niamh	12	20	---	-4.16
1:29.55S	P	Phillips, Ellie	12	26	---	-2.63
Event # 59A Boys 50 Breast 11-11						
51.03S	DQ	P	Griffiths, George	11	---	---
Event # 59B Boys 50 Breast 12-12						
42.62S	F	Butcher, Benjamin	12	2	---	-0.69
43.49S	P	Butcher, Benjamin	12	5	---	0.18
43.65S	F	Fletcher, Owen	12	6	---	-1.12
45.25S	P	Fletcher, Owen	12	8	---	0.48
Event # 60A Girls 50 Back 11-11						
43.18S	P	Hanna, Jazmine	11	9	---	-0.72
46.86S	P	Semaani, Sabrina	11	17	---	-6.06
51.67S	P	Green, Ellie	11	27	---	0.55
Event # 60B Girls 50 Back 12-12						
34.62S	F	Knowles, Amy A.	12	1	---	-0.38
34.64S	P	Knowles, Amy A.	12	1	---	-0.36
42.24S	P	Devonald, Niamh	12	14	---	-0.39
44.87S	P	Owen, Betsy	12	19	---	-5.71
45.34S	P	Phillips, Ellie	12	21	---	-3.02
Event # 61A Boys 100 Free 13-13						
1:12.33S	F	Owen, Cai	13	7	---	-2.03
1:12.75S	P	Owen, Cai	13	7	---	-1.61
NS	P	Devonald, James	13	---	---	---
Event # 61B Boys 100 Free 14-14						
59.22S	F	Andrews, Rory	14	1	---	-0.20
59.32S	P	Andrews, Rory	14	1	---	-0.10
1:03.14S	P	McDowell, Josh	14	5	---	-3.16

Individual Meet Results

West Wales Regionals 2019 01-Feb-19 to 10-Feb-19 [Ageup: 31/12/2019] SC Meters
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 61B Boys 100 Free 14-14						
1:04.16S	F	McDowell, Josh	14	7	---	-2.14
1:12.17S	P	Ralph, Robbie	14	13	---	-0.84
Event # 61D Boys 100 Free 17 & Over						
54.86S	F	Webb, Tomas D.	19	3	---	0.10
55.85S	P	Webb, Tomas D.	19	4	---	1.09
1:01.66S	P	Webb, Jac D.	17	8	---	1.91
NS	F	Webb, Jac D.	17	---	---	---
Event # 62A Girls 100 Breast 13-13						
1:27.87S	F	John, Lucy	13	7	---	-5.43
1:28.44S	P	John, Lucy	13	6	---	-4.86
1:31.06S	F	Griffiths, Enfys	13	8	---	-3.73
1:31.70S	P	Griffiths, Enfys	13	8	---	-3.09
1:32.35S	P	Hale, Chloe	13	9	---	-0.45
1:34.59S	P	Goddard, Evie E.	13	11	---	-3.09
1:35.98S	P	Webb, Alys	13	12	---	-2.00
Event # 62B Girls 100 Breast 14-14						
1:27.70S	F	White, Amy V.	14	6	---	-2.11
1:27.76S	F	Krol, Sophie	14	7	---	-1.23
1:28.95S	P	Krol, Sophie	14	6	---	-0.04
1:29.32S	P	White, Amy V.	14	8	---	-0.49
Event # 62C Girls 100 Breast 15-16						
1:30.50S	P	Griffiths, Seren	15	6	---	0.80
1:30.84S	F	Griffiths, Seren	15	6	---	1.14
Event # 63B Boys 400 Free 12-12						
NS	F	Thomas, Dewi	12	---	---	---
Event # 65 Boys 200 Medley Relay - Lead-Off Legs (50 Back)						
29.09S	F	White, Henry	15	---	---	-0.03
Event # 66 Girls 200 Medley Relay - Lead-Off Legs (50 Back)						
32.96S	F	Thomson, Megan E.	15	---	---	-0.03
Event # 69 Boys 200 Medley Relay14 & Under - Lead-Off Legs (50 Back)						
39.99S	F	Owen, Cai	13	---	---	-0.13
Event # 70 Girls 200 Medley Relay14 & Under - Lead-Off Legs (50 Back)						
33.68S	F	White, Amy V.	14	---	---	-1.79
40.33S	F	James, Nia	13	---	---	2.16
Event # 71 Boys 200 Medley Relay 11-12 - Lead-Off Legs (50 Back)						
43.87S	F	Thomson, Jacob	12	---	---	-2.10
Event # 72 Girls 200 Medley Relay 11-12 - Lead-Off Legs (50 Back)						
42.57S	F	Devonald, Niamh	12	---	---	-0.06

Individual Meet Results

West Wales Regionals 2019 01-Feb-19 to 10-Feb-19 [Ageup: 31/12/2019] SC Meters
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 72 Girls 200 Medley Relay 11-12 - Lead-Off Legs (50 Back)						
51.27S	F	Green, Ellie	11	---	---	0.15
Event # 73 Boys 200 Free Relay - Lead-Off Legs (50 Free)						
25.66S	F	Barrett, Sean A.	17	---	---	-0.86
Event # 74 Girls 200 Free Relay - Lead-Off Legs (50 Free)						
29.72S	F	Robinson, Francesca S.	16	---	---	0.21
Event # 77 Boys 200 Free Relay14 & Under - Lead-Off Legs (50 Free)						
28.41S	F	McDowell, Josh	14	---	---	-3.74
Event # 78 Girls 200 Free Relay14 & Under - Lead-Off Legs (50 Free)						
33.27S	F	White, Eleanor R.	13	---	---	-3.29
33.41S	F	Griffiths, Enfys	13	---	---	0.19
Event # 79 Boys 200 Free Relay 11-12 - Lead-Off Legs (50 Free)						
35.12S	F	Butcher, Benjamin	12	---	---	-4.54
Event # 80 Girls 200 Free Relay 11-12 - Lead-Off Legs (50 Free)						
38.85S	F	Hanna, Jazmine	11	---	---	1.32
45.62S	F	Green, Ellie	11	---	---	2.08
Event # 81 Mixed 200 Free Relay - Lead-Off Legs (50 Free)						
26.41S	F	Lewis, Matthew D.	34	---	---	0.25
Event # 82 Mixed 200 Free Relay16 & Under - Lead-Off Legs (50 Free)						
29.54S	F	Robinson, Francesca S.	16	---	---	0.03
Event # 83 Mixed 200 Free Relay14 & Under - Lead-Off Legs (50 Free)						
28.46S	F	McDowell, Josh	14	---	---	-3.69
34.88S	F	Owen, Cai	13	---	---	-0.08
Event # 84 Mixed 200 Free Relay 11-12 - Lead-Off Legs (50 Free)						
34.54S	F	Butcher, Benjamin	12	---	---	-5.12
39.45S	F	Thomson, Jacob	12	---	---	-3.96
Event #121 Girls 100 Free 13 & Over						
1:07.63S	S	Krol, Sophie	14	2	---	-0.03