** Swim Wales National Meets 2015/16 season**

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|  | **Swim Wales Legends Meet** | **Swim Wales National Short Course Championships** | **Swim Wales National Pentathlon Championships** | **Swim Wales National Long Course (closed) Championships** | **Swim Wales Summer Open Meet** |
| **Dates** | 18th – 20th September 2015 | 18th – 20th December 2015 | 9th January 2016 | 25th – 28th March 2016 | 1st – 7th August 2016 |
| **Level of meet** | Development Meet  Level 3 | Championship  Level 1 | Development Meet  Level 3 | Championship  Level 1 | Open Meet  Level 1 |
| **Age bands** | 9,10,11,12,13,14,15 | 11/12, 13/14, 15/16, 17+ | 9,10,11,12,13,14,15 | 11/12, 13/14, 15/16, 17+ | 11/12, 13, 14, 15, 16, 17+ |
| **Age as of** | 31st December 2015 | 31st December 2015 | 31st December 2016 | 31st December 2016 | 31st December 2016 |
| **Qualifying times (Q.T’s)** | Short course and long course times valid within 12 months of the first day of the meet | Short course and long course times valid from 1st January 2015.  \*Although events will be swum as double age bands, Q.T’s will be published for individual age groups. | Short course and long course upper qualifying times valid within 12 months of the first day of the meet | Short course and long course times valid from 1st September 2015.  \*Although events will be swum as double age bands, Q.T’s will be published for individual age groups. | Long course times only valid within 12 months of the first day of the meet. |
| **Heats and Finals** | All events HDW (heat declared winner) | 50m, 100m and 200m events - Heats and finals for all age bands.  400m, 800m, and 1500m events - HDW | All events HDW. | 50m, 100m and 200m events - Heats and finals for all age bands.  400m, 800m, and 1500m events - HDW | 50m, 100m and 200m events - Heats and finals for all age bands.  400m, 800m, and 1500m events - HDW |
| **Multi-classification inclusion** | Classification event. Entry open all events | No MC events | Entry to all events | No | MC events included |
| **Awards** | Gold, silver and bronze medals will be awarded to the top 3 finishers in each age group. | Gold, silver and bronze medals will be awarded to the top 3 finishers in each age band. | Gold, silver and bronze medals will be awarded to the top 3 swimmers in each age group for overall pentathlon performance (based on a points system). | Gold, silver and bronze medals will be awarded to the top 3 finishers in each age band.  Best Club Trophy & Roland Jones Trophy | Gold, silver and bronze medals will be awarded to the top 3 competitors in each age group. |
| **Relays** | No | No | No | Yes – based on age British requirements | No |
| **Entry system** | Online Entry – Deadline for entries | Online Entry– Deadline for entries | Online Entry– Deadline for entries | Online Entry– Deadline for entries | Online Entry–  Stage 1: 2 heats reserved for 16 Welsh swimmers coming from British Championships entry process  Stage 2: open entries based on first come first served |