

Pembrokeshire County Championships 2016 - 24/09/2016 to 25/09/2016**Sanction #: 3WL161206****Results - session 6 - Warmup 1.00 PM****Event 27 Boys 9-10 100 SC Meter Backstroke**

	Name	Age	Team	Finals Time
1	Marsh, Gabe	10	Milford Haven Swim Squad	1:34.16
	46.76	1:34.16 (47.40)		
2	West, Zac	10	Fishguard Flyers SC	1:36.82
	48.70	1:36.82 (48.12)		
3	David, Tom	10	Haverfordwest Swimming Club	1:42.59
	50.78	1:42.59 (51.81)		
4	Thomas, Dewi	9	Haverfordwest Swimming Club	1:49.78
	54.81	1:49.78 (54.97)		
5	Hill, Matthew	10	Haverfordwest Swimming Club	1:49.98
	53.83	1:49.98 (56.15)		
6	Butcher, Benjamin	9	Haverfordwest Swimming Club	1:53.90
	55.11	1:53.90 (58.79)		
---	Price, Toby G	10	Tenby & District	DQ
---	Allsworth, Luke	10	Preseli Panthers	DQ

Event 27 Boys 11-12 100 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Sturley, Toby	12	Pembroke & District	1:13.75
	36.31	1:13.75 (37.44)		
2	Shiels, Charlie J	11	Pembroke & District	1:16.36
	37.09	1:16.36 (39.27)		
3	Griffiths, Owyn	12	Pembroke & District	1:18.40
	38.87	1:18.40 (39.53)		
4	Fitzsimmons, Arron	11	Pembroke & District	1:19.08
	38.66	1:19.08 (40.42)		
5	Powell, Jake	12	Haverfordwest Swimming Club	1:21.58
	39.71	1:21.58 (41.87)		
6	White, Henry	12	Haverfordwest Swimming Club	1:24.38
	41.03	1:24.38 (43.35)		
7	Andrews, Rory	11	Haverfordwest Swimming Club	1:29.62
	44.65	1:29.62 (44.97)		
8	McDowell, Josh	11	Haverfordwest Swimming Club	1:34.84
	46.46	1:34.84 (48.38)		
9	Kempson, Kyle W	11	Preseli Panthers	1:38.01
	47.65	1:38.01 (50.36)		
10	Ralph, Robbie	11	Haverfordwest Swimming Club	1:44.17
	51.44	1:44.17 (52.73)		
11	Cole, Matthew	11	Milford Haven Swim Squad	1:50.28
	54.82	1:50.28 (55.46)		

Event 27 Boys 13-14 100 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Thomas, Daniel D	14	Haverfordwest Swimming Club	1:05.85
	32.12	1:05.85 (33.73)		
2	Omnet, Ben	14	Pembroke & District	1:13.44
	35.52	1:13.44 (37.92)		
3	Berry, Matthew	14	Haverfordwest Swimming Club	1:14.99
	37.10	1:14.99 (37.89)		
4	Barrett, Sean A	13	Haverfordwest Swimming Club	1:17.32
	37.82	1:17.32 (39.50)		
5	Kelly, Dean L	14	Haverfordwest Swimming Club	1:19.27
	38.02	1:19.27 (41.25)		
6	Webb, Jac D	13	Haverfordwest Swimming Club	1:22.27
	39.33	1:22.27 (42.94)		

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Name	Age	Team	Finals Time
7 Lewis, Ben	13	Pembroke & District	1:24.74
41.74	1:24.74 (43.00)		
8 MacDougall, Ben J	13	Haverfordwest Swimming Club	1:27.23
41.92	1:27.23 (45.31)		
9 Clapham, Patrick J	14	Fishguard Flyers SC	1:27.25
41.99	1:27.25 (45.26)		
10 Elliott, Jack	13	Haverfordwest Swimming Club	1:30.69
42.68	1:30.69 (48.01)		
11 Rowland-Higgins, Issac	13	Haverfordwest Swimming Club	1:33.88
45.62	1:33.88 (48.26)		

Event 27 Boys 15 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Webb, Tomas D	15	Haverfordwest Swimming Club	1:02.98
31.76	1:02.98 (31.22)		
2 Mottram, Ben	16	Haverfordwest Swimming Club	1:03.67
31.33	1:03.67 (32.34)		
3 Greenwood, Billy	15	Tenby & District	1:07.91
32.78	1:07.91 (35.13)		
4 Elliott, Morgan	15	Haverfordwest Swimming Club	1:08.18
33.34	1:08.18 (34.84)		

Event 28 Girls 9-10 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Llewellyn, Nia	10	Haverfordwest Swimming Club	1:28.39
43.44	1:28.39 (44.95)		
2 Williams, Freya	10	Milford Haven Swim Squad	1:34.58
46.45	1:34.58 (48.13)		
3 Reed, Kayleigh	10	Fishguard Flyers SC	1:35.48
47.50	1:35.48 (47.98)		
4 Knowles, Amy A	9	Haverfordwest Swimming Club	1:38.98
49.57	1:38.98 (49.41)		
5 Calocane, Debora	10	Haverfordwest Swimming Club	1:40.55
46.57	1:40.55 (53.98)		
6 Griffiths, Enfys	10	Haverfordwest Swimming Club	1:41.29
49.51	1:41.29 (51.78)		
7 Thomas, Grace	9	Milford Haven Swim Squad	1:42.44
48.89	1:42.44 (53.55)		
8 Webb, Alys	10	Haverfordwest Swimming Club	1:43.77
50.68	1:43.77 (53.09)		
9 Busby, Lily	9	Pembroke & District	1:44.70
52.24	1:44.70 (52.46)		
10 John, Lucy	10	Haverfordwest Swimming Club	1:45.60
49.77	1:45.60 (55.83)		
11 Pugh, Kara	10	Haverfordwest Swimming Club	1:46.81
51.70	1:46.81 (55.11)		
12 Goddard, Evie E	9	Haverfordwest Swimming Club	1:47.79
53.06	1:47.79 (54.73)		
13 Powell, Jessica	10	Haverfordwest Swimming Club	1:49.83
54.11	1:49.83 (55.72)		
14 Wrathall, Clarisse	10	Haverfordwest Swimming Club	1:50.31
53.76	1:50.31 (56.55)		
15 David, Katie	9	Haverfordwest Swimming Club	1:57.23
56.91	1:57.23 (1:00.32)		
16 Haley, Roxy H	9	Tenby & District	1:58.33
58.25	1:58.33 (1:00.08)		

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Name	Age	Team	Finals Time
17 Owen, Lily	9	Milford Haven Swim Squad	1:59.30
56.90	1:59.30	(1:02.40)	
18 Mathias, Ella M	9	Tenby & District	2:06.69
1:01.55	2:06.69	(1:05.14)	
19 Jones, Alexys	10	Haverfordwest Swimming Club	2:19.58
1:05.42	2:19.58	(1:14.16)	
20 Phillips, Libby	9	Haverfordwest Swimming Club	2:23.66
1:10.94	2:23.66	(1:12.72)	
--- Smith, Janie	9	Tenby & District	DQ
--- Nutty, Kate	10	Haverfordwest Swimming Club	DQ

Event 28 Girls 11-12 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Whalley, Charlotte C	12	Haverfordwest Swimming Club	1:11.82
34.40	1:11.82	(37.42)	
2 Wheeler, Bethan	12	Milford Haven Swim Squad	1:18.32
37.85	1:18.32	(40.47)	
3 Greenwood, Hannah	12	Pembroke & District	1:21.47
39.59	1:21.47	(41.88)	
4 Yeomans, Beau	11	Milford Haven Swim Squad	1:23.65
40.38	1:23.65	(43.27)	
5 Dimond, Freya	11	Milford Haven Swim Squad	1:25.83
43.20	1:25.83	(42.63)	
6 Moses, Ffion M	11	Haverfordwest Swimming Club	1:28.11
43.49	1:28.11	(44.62)	
7 White, Amy V	11	Haverfordwest Swimming Club	1:28.24
43.51	1:28.24	(44.73)	
8 Doughty, Katie K	11	Milford Haven Swim Squad	1:31.07
44.74	1:31.07	(46.33)	
9 Mottram, Abbie	12	Haverfordwest Swimming Club	1:31.66
44.53	1:31.66	(47.13)	
10 Sandy, Jessica L	11	Milford Haven Swim Squad	1:32.85
44.87	1:32.85	(47.98)	
11 Shepherd, Charlotte	12	Haverfordwest Swimming Club	1:34.28
46.29	1:34.28	(47.99)	
12 Clapham, Rhiannon m	11	Fishguard Flyers SC	1:35.66
47.31	1:35.66	(48.35)	
13 Griffiths, Seren	11	Haverfordwest Swimming Club	1:38.34
47.40	1:38.34	(50.94)	
14 Hughes, Harriet	11	Haverfordwest Swimming Club	1:41.49
52.18	1:41.49	(49.31)	
15 Morris, Chloe	11	Pembroke & District	1:45.32
52.90	1:45.32	(52.42)	
16 Huddy, Kate	11	Milford Haven Swim Squad	1:45.58
52.91	1:45.58	(52.67)	
17 Jayathilaka, Timali	11	Haverfordwest Swimming Club	1:53.94
56.04	1:53.94	(57.90)	
--- Lee, Georgia	11	Pembroke & District	DQ

Event 28 Girls 13-14 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Haley, Arabella	14	Tenby & District	1:08.11
33.43	1:08.11	(34.68)	

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Name	Age	Team	Finals Time
2 Harding, Lucy	14	Haverfordwest Swimming Club	1:08.94
33.89	1:08.94 (35.05)		
3 Williams, Abigayle	14	Pembroke & District	1:13.63
35.67	1:13.63 (37.96)		
4 Fletcher, Chloe	14	Haverfordwest Swimming Club	1:17.38
38.04	1:17.38 (39.34)		
5 Omnet, Lauren	13	Pembroke & District	1:22.31
40.67	1:22.31 (41.64)		
6 Brew, Rosa M	13	Fishguard Flyers SC	1:29.40
44.16	1:29.40 (45.24)		

Event 28 Girls 15 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Williams, Abbie	16	Pembroke & District	1:09.28
33.87	1:09.28 (35.41)		
2 Mayled, Rachel	15	Milford Haven Swim Squad	1:13.20
36.30	1:13.20 (36.90)		
3 Parks, Ellie	17	Pembroke & District	1:20.20
38.34	1:20.20 (41.86)		
4 Fletcher, Megan	16	Haverfordwest Swimming Club	1:21.71
39.17	1:21.71 (42.54)		

Event 29 Boys 8 & Under 200 SC Meter IM

Name	Age	Team	Finals Time
1 Williams, Tyler	8	Milford Haven Swim Squad	3:57.11

Event 30 Girls 8 & Under 200 SC Meter IM

Name	Age	Team	Finals Time
--- Marsh, Nina	8	Milford Haven Swim Squad	DQ
--- Horne, Victoria	8	Fishguard Flyers SC	DQ

Event 31 Boys 9-10 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Williams, Morgan	10	Pembroke & District	3:03.28
41.70	1:29.61 (47.91)	2:17.94 (48.33)	3:03.28 (45.34)
2 Price, Toby G	10	Tenby & District	3:07.10
44.42	1:32.41 (47.99)	2:21.44 (49.03)	3:07.10 (45.66)
3 Marsh, Gabe	10	Milford Haven Swim Squad	3:20.49
46.16	1:37.57 (51.41)	2:30.45 (52.88)	3:20.49 (50.04)
4 Mutter, Ioan	10	Pembroke & District	3:23.60
44.91	1:38.08 (53.17)	2:32.51 (54.43)	3:23.60 (51.09)
5 David, Tom	10	Haverfordwest Swimming Club	3:33.09
48.07	1:41.05 (52.98)	2:39.00 (57.95)	3:33.09 (54.09)
6 Lee, nye	9	Pembroke & District	3:38.43
49.17	1:47.07 (57.90)	2:45.72 (58.65)	3:38.43 (52.71)
7 Townsend, James	10	Pembroke & District	3:58.98
53.74	1:58.11 (1:04.37)	3:01.06 (1:02.95)	3:58.98 (57.92)

Event 31 Boys 11-12 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Sturley, Toby	12	Pembroke & District	2:24.49
32.51	1:09.94 (37.43)	1:48.18 (38.24)	2:24.49 (36.31)
2 Shiels, Charlie J	11	Pembroke & District	2:30.34
33.89	1:13.43 (39.54)	1:54.05 (40.62)	2:30.34 (36.29)
3 Griffiths, Owyn	12	Pembroke & District	2:33.90
35.78	1:15.32 (39.54)	1:55.81 (40.49)	2:33.90 (38.09)
4 Powell, Jake	12	Haverfordwest Swimming Club	2:37.84
36.57	1:17.53 (40.96)	1:58.70 (41.17)	2:37.84 (39.14)

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Name	Age	Team	Finals Time	
5 Fitzsimmons, Arron	11	Pembroke & District	2:38.62	
36.28	1:17.28 (41.00)	1:59.75 (42.47)	2:38.62 (38.87)	
6 Andrews, Rory	11	Haverfordwest Swimming Club	2:42.21	
38.25	1:19.99 (41.74)	2:02.61 (42.62)	2:42.21 (39.60)	
7 White, Henry	12	Haverfordwest Swimming Club	2:42.49	
37.29	1:18.79 (41.50)	2:01.80 (43.01)	2:42.49 (40.69)	
8 Keane, Jayden	11	Tenby & District	2:45.20	
36.60	1:18.22 (41.62)	2:01.89 (43.67)	2:45.20 (43.31)	
9 Ralph, Robbie	11	Haverfordwest Swimming Club	3:11.56	
41.60	1:32.24 (50.64)	2:24.72 (52.48)	3:11.56 (46.84)	
10 Cole, Matthew	11	Milford Haven Swim Squad	3:22.73	
46.07	1:38.16 (52.09)	2:33.05 (54.89)	3:22.73 (49.68)	
11 McDowell, Josh	11	Haverfordwest Swimming Club	3:26.44	
42.80	1:36.06 (53.26)	2:33.46 (57.40)	3:26.44 (52.98)	
12 Beegan, Sam	11	Milford Haven Swim Squad	3:37.84	
48.40	1:45.99 (57.59)	2:45.14 (59.15)	3:37.84 (52.70)	

Event 31 Boys 13-14 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Barrett, Sean A	13	Haverfordwest Swimming Club	2:12.56	
30.63	1:04.21 (33.58)	1:38.66 (34.45)	2:12.56 (33.90)	
2 Omnet, Ben	14	Pembroke & District	2:15.42	
31.29	1:05.65 (34.36)	1:41.15 (35.50)	2:15.42 (34.27)	
3 Webb, Jac D	13	Haverfordwest Swimming Club	2:16.61	
32.63	1:07.32 (34.69)	1:42.63 (35.31)	2:16.61 (33.98)	
4 Kelly, Dean L	14	Haverfordwest Swimming Club	2:25.53	
33.52	1:11.95 (38.43)	1:50.88 (38.93)	2:25.53 (34.65)	
5 Berry, Matthew	14	Haverfordwest Swimming Club	2:25.65	
34.32	1:12.29 (37.97)	1:50.68 (38.39)	2:25.65 (34.97)	
6 Beegan, Tom	14	Milford Haven Swim Squad	2:31.41	
33.77	1:12.90 (39.13)	1:53.06 (40.16)	2:31.41 (38.35)	
7 Griffiths, Tomas	14	Pembroke & District	2:39.01	
34.48	1:13.96 (39.48)	1:55.96 (42.00)	2:39.01 (43.05)	
8 Lewis, Ben	13	Pembroke & District	2:40.32	
37.26	1:19.44 (42.18)	2:02.27 (42.83)	2:40.32 (38.05)	
9 Kettle, Lewys	13	Pembroke & District	2:44.69	
37.17	1:19.43 (42.26)	2:03.23 (43.80)	2:44.69 (41.46)	
10 Lewis, Michael J	14	Fishguard Flyers SC	2:52.66	
37.90	1:21.55 (43.65)	2:08.63 (47.08)	2:52.66 (44.03)	
11 Elliott, Jack	13	Haverfordwest Swimming Club	3:00.78	
38.58	1:25.36 (46.78)	2:14.74 (49.38)	3:00.78 (46.04)	

Event 31 Boys 15 & Over 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Webb, Tomas D	15	Haverfordwest Swimming Club	2:05.43	
30.42	1:02.72 (32.30)	1:35.00 (32.28)	2:05.43 (30.43)	
2 Mottram, Ben	16	Haverfordwest Swimming Club	2:09.25	
30.48	1:03.66 (33.18)	1:36.69 (33.03)	2:09.25 (32.56)	
3 Greenwood, Billy	15	Tenby & District	2:11.67	
30.24	1:03.46 (33.22)	1:38.23 (34.77)	2:11.67 (33.44)	
4 Tobin, Colm	15	Pembroke & District	2:12.92	
30.24	1:03.90 (33.66)	1:37.82 (33.92)	2:12.92 (35.10)	
5 Elliott, Morgan	15	Haverfordwest Swimming Club	2:15.02	
30.88	1:04.64 (33.76)	1:40.28 (35.64)	2:15.02 (34.74)	
6 Kettle, Rowan	15	Pembroke & District	2:22.87	
30.72	1:05.94 (35.22)	1:43.38 (37.44)	2:22.87 (39.49)	

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Name	Age	Team	Finals Time		
1 Lewis, Caera	10	Pembroke & District	2:56.23		
39.35	1:26.21 (46.86)	2:12.98 (46.77)	2:56.23 (43.25)		
2 Reed, Kayleigh	10	Fishguard Flyers SC	3:07.48		
41.41	1:31.48 (50.07)	2:21.04 (49.56)	3:07.48 (46.44)		
3 Williams, Freya	10	Milford Haven Swim Squad	3:08.72		
42.20	1:30.32 (48.12)	2:19.80 (49.48)	3:08.72 (48.92)		
4 Knowles, Amy A	9	Haverfordwest Swimming Club	3:12.31		
44.41	1:33.06 (48.65)	2:23.97 (50.91)	3:12.31 (48.34)		
5 Webb, Alys	10	Haverfordwest Swimming Club	3:18.36		
45.57	1:37.12 (51.55)	2:29.37 (52.25)	3:18.36 (48.99)		
6 Goddard, Evie E	9	Haverfordwest Swimming Club	3:19.83		
44.41	1:34.72 (50.31)	2:28.57 (53.85)	3:19.83 (51.26)		
7 Rogers, Gracie	10	Pembroke & District	3:20.69		
44.98	1:36.49 (51.51)	2:29.78 (53.29)	3:20.69 (50.91)		
8 Forster, Ella	10	Fishguard Flyers SC	3:22.73		
44.47	1:35.23 (50.76)	2:30.71 (55.48)	3:22.73 (52.02)		
9 Powell, Jessica	10	Haverfordwest Swimming Club	3:32.65		
47.18	1:43.21 (56.03)	2:40.42 (57.21)	3:32.65 (52.23)		
10 James, Nia	10	Haverfordwest Swimming Club	3:37.59		
48.84	1:46.43 (57.59)	2:43.72 (57.29)	3:37.59 (53.87)		
11 John, Lucy	10	Haverfordwest Swimming Club	3:40.54		
46.05	1:42.57 (56.52)	2:43.64 (1:01.07)	3:40.54 (56.90)		
12 Sturley, Maggie M	10	Pembroke & District	3:46.12		
50.76	1:49.19 (58.43)	2:50.25 (1:01.06)	3:46.12 (55.87)		
13 Wilson, Jayden	9	Pembroke & District	3:47.12		
51.14	1:49.05 (57.91)	2:51.10 (1:02.05)	3:47.12 (56.02)		
14 David, Katie	9	Haverfordwest Swimming Club	4:10.75		
54.94	2:01.19 (1:06.25)	3:10.47 (1:09.28)	4:10.75 (1:00.28)		
15 Callen, Holly-Jane	10	Pembroke & District	4:14.81		
54.86	2:02.40 (1:07.54)	3:11.81 (1:09.41)	4:14.81 (1:03.00)		
16 Mason, Rebecca	9	Pembroke & District	4:39.55		
1:02.12	2:14.16 (1:12.04)	3:28.07 (1:13.91)	4:39.55 (1:11.48)		
17 Thompson, Carys	9	Pembroke & District	4:54.28		
1:07.67	2:25.11 (1:17.44)	3:42.69 (1:17.58)	4:54.28 (1:11.59)		

Event 32 Girls 11-12 200 SC Meter Freestyle

Name	Age	Team	Finals Time		
1 Whalley, Charlotte C	12	Haverfordwest Swimming Club	2:25.22		
33.49	1:10.07 (36.58)	1:47.71 (37.64)	2:25.22 (37.51)		
2 Wilson, Tayla	12	Pembroke & District	2:35.42		
35.56	1:15.30 (39.74)	1:57.09 (41.79)	2:35.42 (38.33)		
3 Thomson, Megan E	12	Haverfordwest Swimming Club	2:35.49		
36.23	1:16.13 (39.90)	1:57.15 (41.02)	2:35.49 (38.34)		
4 Robinson, Francesca S	12	Haverfordwest Swimming Club	2:35.95		
35.59	1:15.22 (39.63)	1:56.84 (41.62)	2:35.95 (39.11)		
5 Wheeler, Bethan	12	Milford Haven Swim Squad	2:40.83		
36.46	1:17.08 (40.62)	1:59.56 (42.48)	2:40.83 (41.27)		
6 Yeomans, Beau	11	Milford Haven Swim Squad	2:40.87		
36.44	1:17.41 (40.97)	2:00.39 (42.98)	2:40.87 (40.48)		
7 Rogers, Lucy	12	Pembroke & District	2:48.42		
39.06	1:23.03 (43.97)	2:07.99 (44.96)	2:48.42 (40.43)		
8 Greenwood, Hannah	12	Pembroke & District	2:48.68		
38.96	1:22.95 (43.99)	2:08.00 (45.05)	2:48.68 (40.68)		
9 Lewis, Rachael E	11	Fishguard Flyers SC	2:49.07		
38.59	1:23.77 (45.18)	2:08.16 (44.39)	2:49.07 (40.91)		

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Name	Age	Team	Finals Time	
10 Barnikel, Ffion R	11	Tenby & District	2:49.64	
39.58	1:22.87 (43.29)	2:07.02 (44.15)	2:49.64 (42.62)	
11 Dimond, Freya	11	Milford Haven Swim Squad	2:51.70	
39.67	1:23.72 (44.05)	2:08.58 (44.86)	2:51.70 (43.12)	
12 Barber, Sydney P	12	Haverfordwest Swimming Club	2:52.72	
39.39	1:23.31 (43.92)	2:09.68 (46.37)	2:52.72 (43.04)	
13 Williams, Ffion	12	Haverfordwest Swimming Club	2:54.72	
40.07	1:25.95 (45.88)	2:12.57 (46.62)	2:54.72 (42.15)	
14 Lee, Georgia	11	Pembroke & District	2:55.57	
39.19	1:24.91 (45.72)	2:12.03 (47.12)	2:55.57 (43.54)	
15 Doughty, Katie K	11	Milford Haven Swim Squad	2:55.89	
40.88	1:26.80 (45.92)	2:13.25 (46.45)	2:55.89 (42.64)	
16 Moses, Ffion M	11	Haverfordwest Swimming Club	2:56.21	
40.14	1:25.98 (45.84)	2:12.95 (46.97)	2:56.21 (43.26)	
17 White, Amy V	11	Haverfordwest Swimming Club	2:58.12	
40.41	1:26.95 (46.54)	2:14.18 (47.23)	2:58.12 (43.94)	
18 Bennett, Briony	12	Haverfordwest Swimming Club	2:58.84	
40.10	1:27.47 (47.37)	2:14.68 (47.21)	2:58.84 (44.16)	
19 Sandy, Jessica L	11	Milford Haven Swim Squad	2:58.93	
41.03	1:27.33 (46.30)	2:14.15 (46.82)	2:58.93 (44.78)	
20 Shepherd, Charlotte	12	Haverfordwest Swimming Club	3:00.87	
41.78	1:27.97 (46.19)	2:16.66 (48.69)	3:00.87 (44.21)	
21 Clapham, Rhiannon m	11	Fishguard Flyers SC	3:02.25	
40.69	1:28.24 (47.55)	2:16.39 (48.15)	3:02.25 (45.86)	
22 Morris, Chloe	11	Pembroke & District	3:14.35	
44.00	1:34.47 (50.47)	2:26.17 (51.70)	3:14.35 (48.18)	

Event 32 Girls 13-14 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Harding, Lucy	14	Haverfordwest Swimming Club	2:14.30	
32.35	1:06.50 (34.15)	1:41.58 (35.08)	2:14.30 (32.72)	
2 Haley, Arabella	14	Tenby & District	2:14.50	
31.86	1:06.36 (34.50)	1:41.31 (34.95)	2:14.50 (33.19)	
3 Jones, Bethan	13	Pembroke & District	2:20.76	
32.77	1:08.42 (35.65)	1:46.21 (37.79)	2:20.76 (34.55)	
4 Williams, Abigayle	14	Pembroke & District	2:21.11	
32.80	1:08.67 (35.87)	1:45.23 (36.56)	2:21.11 (35.88)	
5 Fletcher, Chloe	14	Haverfordwest Swimming Club	2:28.24	
33.55	1:11.13 (37.58)	1:50.56 (39.43)	2:28.24 (37.68)	
6 Omnet, Lauren	13	Pembroke & District	2:36.09	
36.18	1:15.37 (39.19)	1:56.26 (40.89)	2:36.09 (39.83)	
7 Williams, Nia	14	Pembroke & District	2:36.21	
33.36	1:12.35 (38.99)	1:54.29 (41.94)	2:36.21 (41.92)	
8 Williams, Ellie	14	Pembroke & District	2:40.61	
36.51	1:17.43 (40.92)	2:00.16 (42.73)	2:40.61 (40.45)	
9 Townsend, Ella	14	Pembroke & District	2:46.50	
38.49	1:20.65 (42.16)	2:04.80 (44.15)	2:46.50 (41.70)	
10 Brew, Rosa M	13	Fishguard Flyers SC	2:59.88	
40.31	1:26.09 (45.78)	2:13.77 (47.68)	2:59.88 (46.11)	

Event 32 Girls 15 & Over 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Twigg, Louisa E	15	Haverfordwest Swimming Club	2:12.94	
31.95	1:05.84 (33.89)	1:39.89 (34.05)	2:12.94 (33.05)	
2 Williams, Abbie	16	Pembroke & District	2:14.91	
31.41	1:05.75 (34.34)	1:40.82 (35.07)	2:14.91 (34.09)	

Pembrokeshire County Championships 2016 - 24/09/2016 to 25/09/2016**Sanction #: 3WL161206****Results - session 6 - Warmup 1.00 PM****(Event 32 Girls 15 & Over 200 SC Meter Freestyle)**

	Name	Age	Team	Finals Time
3	Mayled, Rachel	15	Milford Haven Swim Squad	2:16.60
	32.07	1:07.07 (35.00)	1:42.43 (35.36) 2:16.60 (34.17)	
4	Omnet, Lucy	16	Pembroke & District	2:25.84
	32.92	1:09.08 (36.16)	1:47.94 (38.86) 2:25.84 (37.90)	
5	Fletcher, Megan	16	Haverfordwest Swimming Club	2:35.41
	33.72	1:12.85 (39.13)	1:55.58 (42.73) 2:35.41 (39.83)	