**Lane Allocation and Coaches May 2019**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | | |  | **Tuesday** |  | **Wednesday** | |  | **Thursday** | | |  | **Friday** | | |
|  | **6pm -7pm** | **7pm -8pm** | **8pm - 9pm** | **6am – 7.30am** | **6pm - 7pm** | **7pm – 8pm** | **6am – 7.30am** | **6pm -7pm** | **7pm -8pm** | **6pm -7pm** | **7pm -8pm** | **8pm -9pm** |
| **Lane 1** | **DS1**  **Simon**  **Owen** | **Water**  **Dragons**  **Helen Llewellyn**  **Jayne Smith**  **Simon**  **Owen**  **Ruth Silverstone** | **Masters**  **Matthew** | **County SwimmersDevelopment Squad** | **DS1**  **Ellie Harries**  **Jo Barrett** | **DS2**  **Rhys Thomas** | **Open Session** | **DS2**  **Liz & Andy**  **Devonald** | | **Water Dragons**  **Helen Llewellyn**  **Simon Owen**  **Jayne Smith**  **Ruth Silverstone**  **Ffion Moses** | **DS1**  **Jo Barrett** | **DS2**  **Rhys Thomas** |
| **Lane 2** | **Masters**  **Matthew** |  |
| **Lane 3** | **DS2**  **Liz & Andy Devonald** | **DS3**  **Dai Webb** | **DS3**  **Dai Webb** |  | **DS3**  **Dai Webb**  **Jack Rees** | **DS3**  **Dai Webb**  **Jack Rees** | **(Public swimming - no access for club)** | **MASTERS** | **MASTERS** | **DS3**  **Dai Webb** | **DS3**  **Dai Webb** |
| **Lane 4** |  | **(Public swimming - no access for club)** | **YOUTH** | **YOUTH**  **1 Lane form 19:15** | **LTS Link Lane**  **(Run by PCC)** |