**Lane Allocation and Coaches May 2019**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** |  | **Tuesday** |  | **Wednesday** |  | **Thursday** |  | **Friday** |
|  | **6pm -7pm** | **7pm -8pm** | **8pm - 9pm** | **6am – 7.30am** | **6pm - 7pm** | **7pm – 8pm** | **6am – 7.30am** | **6pm -7pm** | **7pm -8pm** | **6pm -7pm** | **7pm -8pm** | **8pm -9pm** |
| **Lane 1** | **DS1****Simon** **Owen** | **Water****Dragons** **Helen Llewellyn****Jayne Smith****Simon** **Owen****Ruth Silverstone** | **Masters****Matthew** | **County SwimmersDevelopment Squad** | **DS1** **Ellie Harries****Jo Barrett** | **DS2****Rhys Thomas** | **Open Session** | **DS2****Liz & Andy****Devonald** | **Water Dragons** **Helen Llewellyn****Simon Owen****Jayne Smith****Ruth Silverstone****Ffion Moses** | **DS1****Jo Barrett** | **DS2****Rhys Thomas** |
| **Lane 2**  | **Masters****Matthew** |  |
| **Lane 3** | **DS2****Liz & Andy Devonald** | **DS3** **Dai Webb** | **DS3****Dai Webb** |  | **DS3****Dai Webb****Jack Rees** | **DS3****Dai Webb****Jack Rees** | **(Public swimming - no access for club)** | **MASTERS** | **MASTERS** | **DS3****Dai Webb** | **DS3****Dai Webb** |
| **Lane 4** |  | **(Public swimming - no access for club)** | **YOUTH** | **YOUTH****1 Lane form 19:15** | **LTS Link Lane****(Run by PCC)** |