

Neath ASC Open Meet - 22/10/2016 to 23/10/2016

Results - Session One

Event 101 Girls 9-11 400 LC Meter Freestyle Level 1

Name	Age	Team	Seed Time	Finals Time
1 Viney, Imogen	11	City of Birmingham SC	5:11.70	5:07.34
34.20	1:11.88 (37.68)	1:51.08 (39.20)	2:30.87 (39.79)	
3:09.94 (39.07)	3:49.72 (39.78)	4:29.20 (39.48)	5:07.34 (38.14)	
2 Knight, Lauren	11	City of Birmingham SC	5:12.00	5:13.02
34.81	1:14.32 (39.51)	1:55.38 (41.06)	2:35.01 (39.63)	
3:15.01 (40.00)	3:54.80 (39.79)	4:34.75 (39.95)	5:13.02 (38.27)	
3 Milligan, Jessica	11	City of Southampton Swim Club	5:20.82	5:15.49
35.17	1:14.50 (39.33)	1:55.30 (40.80)	2:35.52 (40.22)	
3:16.12 (40.60)	3:56.43 (40.31)	4:36.89 (40.46)	5:15.49 (38.60)	
4 Carstairs, Macey	10	City of Southampton Swim Club	6:44.00	5:33.21
37.48	1:20.80 (43.32)	2:04.06 (43.26)	2:47.24 (43.18)	
3:29.45 (42.21)	4:12.21 (42.76)	4:54.14 (41.93)	5:33.21 (39.07)	
5 Tucker, Natalie E	11	Swansea Aquatics	5:24.12	5:35.05
37.26	1:18.33 (41.07)	2:01.10 (42.77)	2:44.11 (43.01)	
3:27.67 (43.56)	4:10.96 (43.29)	4:54.00 (43.04)	5:35.05 (41.05)	
6 Evans, Bethan	11	Neath Asc	5:38.37	5:39.57
37.30	1:20.33 (43.03)	2:04.36 (44.03)	2:49.19 (44.83)	
3:33.38 (44.19)	4:17.76 (44.38)	4:59.75 (41.99)	5:39.57 (39.82)	
7 Couzens, Ruby	11	City of Birmingham SC	5:26.13	5:50.84
38.22	1:23.07 (44.85)	2:08.45 (45.38)	2:54.17 (45.72)	
3:38.90 (44.73)	4:24.43 (45.53)	5:09.25 (44.82)	5:50.84 (41.59)	
8 Marshall, Polly	11	Caerphilly County Swim Squad	6:27.76	6:03.83
39.08	1:25.07 (45.99)	2:11.45 (46.38)	2:58.78 (47.33)	
3:46.70 (47.92)	4:34.15 (47.45)	5:20.33 (46.18)	6:03.83 (43.50)	
9 Keigwin, Daisy	11	Caerphilly County Swim Squad	6:37.53	6:24.68
41.07	1:29.01 (47.94)	2:17.97 (48.96)	3:08.55 (50.58)	
3:57.53 (48.98)	4:47.34 (49.81)	5:38.14 (50.80)	6:24.68 (46.54)	
10 George, Mia	11	Neath Asc	6:15.10	6:30.72
44.19	1:33.51 (49.32)	2:23.27 (49.76)	3:13.90 (50.63)	
4:03.52 (49.62)	4:54.04 (50.52)	5:43.94 (49.90)	6:30.72 (46.78)	

Event 101 Girls 12-13 400 LC Meter Freestyle Level 1

Name	Age	Team	Seed Time	Finals Time
1 Davies, Erin	13	City of Birmingham SC	4:33.38	4:37.08
31.21	1:05.87 (34.66)	1:40.86 (34.99)	2:16.35 (35.49)	
2:51.43 (35.08)	3:26.95 (35.52)	4:02.17 (35.22)	4:37.08 (34.91)	
2 Checkley, Millie	12	City of Birmingham SC	4:50.84	4:48.03
32.69	1:09.38 (36.69)	1:46.52 (37.14)	2:23.59 (37.07)	
3:00.42 (36.83)	3:37.05 (36.63)	4:13.19 (36.14)	4:48.03 (34.84)	
3 Stokes, Aimee	12	Swansea Aquatics	5:01.98	4:58.08
33.81	1:10.83 (37.02)	1:48.57 (37.74)	2:27.04 (38.47)	
3:05.91 (38.87)	3:43.72 (37.81)	4:21.27 (37.55)	4:58.08 (36.81)	
4 Willis, Ashleigh	13	Swansea Aquatics	5:03.69	5:01.80
33.82	1:11.51 (37.69)	1:49.99 (38.48)	2:28.48 (38.49)	
3:06.86 (38.38)	3:45.95 (39.09)	4:24.58 (38.63)	5:01.80 (37.22)	
5 Sibbald-Perkins, Ellie	12	City of Birmingham SC	5:03.10	5:03.07
33.20	1:10.71 (37.51)	1:49.35 (38.64)	2:28.88 (39.53)	
3:08.38 (39.50)	3:47.54 (39.16)	4:26.69 (39.15)	5:03.07 (36.38)	
6 Davies, Charlotte	13	Swansea Aquatics	4:59.40	5:05.87
34.07	1:11.13 (37.06)	1:49.73 (38.60)	2:28.66 (38.93)	
3:08.27 (39.61)	3:48.33 (40.06)	4:28.26 (39.93)	5:05.87 (37.61)	
7 Blyth, Ella	12	City of Birmingham SC	5:12.88	5:05.98
34.98	1:13.36 (38.38)	1:52.64 (39.28)	2:32.33 (39.69)	
3:11.94 (39.61)	3:50.97 (39.03)	4:29.25 (38.28)	5:05.98 (36.73)	
8 Tooth, Phoebe	12	City of Birmingham SC	5:13.93	5:06.12
35.35	1:14.70 (39.35)	1:53.40 (38.70)	2:33.32 (39.92)	
3:12.10 (38.78)	3:51.60 (39.50)	4:30.22 (38.62)	5:06.12 (35.90)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session One****(Event 101 Girls 12-13 400 LC Meter Freestyle Level 1)**

Name	Age	Team	Seed Time	Finals Time
9 Robins, Aaliyah M	13	Chirk Dragons	5:01.50	5:07.61
33.49	1:10.92 (37.43)	1:50.29 (39.37)	2:30.59 (40.30)	
3:10.89 (40.30)	3:50.63 (39.74)	4:31.09 (40.46)	5:07.61 (36.52)	
10 Jones, Alicia D	13	Merthyr Tydfil Swimming Club	5:20.89	5:09.80
33.31	1:11.91 (38.60)	1:51.41 (39.50)	2:31.46 (40.05)	
3:11.68 (40.22)	3:52.93 (41.25)	4:31.89 (38.96)	5:09.80 (37.91)	
11 Carstairs, Ella	13	City of Southampton Swim Club	5:15.38	5:12.22
34.53	1:13.59 (39.06)	1:54.01 (40.42)	2:33.89 (39.88)	
3:14.27 (40.38)	3:54.75 (40.48)	4:34.26 (39.51)	5:12.22 (37.96)	
12 Davies, Katie	13	Neath Asc	5:13.06	5:14.28
34.38	1:13.72 (39.34)	1:53.61 (39.89)	2:33.83 (40.22)	
3:14.38 (40.55)	3:55.10 (40.72)	4:35.33 (40.23)	5:14.28 (38.95)	
13 Dowling, Katie	13	City of Southampton Swim Club	5:01.80	5:15.92
34.44	1:12.84 (38.40)	1:52.86 (40.02)	2:33.10 (40.24)	
3:14.08 (40.98)	3:55.17 (41.09)	4:36.56 (41.39)	5:15.92 (39.36)	
14 Warlow, Grace E	13	Neath Asc	5:17.45	5:24.69
34.99	1:13.98 (38.99)	1:55.25 (41.27)	2:37.33 (42.08)	
3:19.20 (41.87)	4:02.06 (42.86)	4:43.42 (41.36)	5:24.69 (41.27)	
15 Williams, Danielle	13	Swansea Aquatics	5:41.60	5:34.00
37.75	1:19.09 (41.34)	2:01.46 (42.37)	2:44.23 (42.77)	
3:28.52 (44.29)	4:12.79 (44.27)	4:54.82 (42.03)	5:34.00 (39.18)	
16 Jones, Ffion C	13	Penyrheol Asc	5:54.87	5:44.50
38.59	1:21.82 (43.23)	2:05.98 (44.16)	2:50.98 (45.00)	
3:36.13 (45.15)	4:20.89 (44.76)	5:03.75 (42.86)	5:44.50 (40.75)	
17 Williams, Rhona	13	Chirk Dragons	5:54.88	5:49.20
38.39	1:22.13 (43.74)	2:06.96 (44.83)	2:52.03 (45.07)	
3:37.23 (45.20)	4:22.13 (44.90)	5:07.23 (45.10)	5:49.20 (41.97)	

Event 101 Girls 14-15 400 LC Meter Freestyle Level 1

Name	Age	Team	Seed Time	Finals Time
1 Hubbard, Caitlin	15	City of Birmingham SC	4:36.23	4:31.19
31.19	1:05.22 (34.03)	1:40.02 (34.80)	2:14.49 (34.47)	
2:48.72 (34.23)	3:22.89 (34.17)	3:57.43 (34.54)	4:31.19 (33.76)	
2 Bartley, Alexandra	14	City of Birmingham SC	4:30.18	4:36.16
31.50	1:05.72 (34.22)	1:40.56 (34.84)	2:15.88 (35.32)	
2:50.71 (34.83)	3:26.41 (35.70)	4:01.22 (34.81)	4:36.16 (34.94)	
3 Arnold, Elizabeth	14	Swansea Aquatics	4:37.49	4:39.93
31.27	1:05.19 (33.92)	1:40.17 (34.98)	2:16.36 (36.19)	
2:52.45 (36.09)	3:28.79 (36.34)	4:05.00 (36.21)	4:39.93 (34.93)	
4 Stephenson, Alisha	14	City of Birmingham SC	4:47.11	4:43.53
32.13	1:07.52 (35.39)	1:43.47 (35.95)	2:19.99 (36.52)	
2:56.88 (36.89)	3:33.57 (36.69)	4:09.10 (35.53)	4:43.53 (34.43)	
5 Molloy, Erin	14	City of Birmingham SC	5:00.96	4:54.50
33.03	1:09.10 (36.07)	1:45.53 (36.43)	2:23.06 (37.53)	
3:00.81 (37.75)	3:38.83 (38.02)	4:16.92 (38.09)	4:54.50 (37.58)	
6 Williams, Rhiannon	15	Swansea Aquatics	4:58.56	5:04.68
33.61	1:11.31 (37.70)	1:49.87 (38.56)	2:28.91 (39.04)	
3:07.80 (38.89)	3:47.80 (40.00)	4:27.20 (39.40)	5:04.68 (37.48)	
7 Paisey, Savita	14	City of Southampton Swim Club	5:05.10	5:09.08
34.50	1:13.17 (38.67)	1:52.54 (39.37)	2:31.90 (39.36)	
3:12.02 (40.12)	3:52.08 (40.06)	4:32.41 (40.33)	5:09.08 (36.67)	
8 Nicholls, Jasmine	15	Swansea Aquatics	5:17.20	5:16.61
35.47	1:15.01 (39.54)	1:55.10 (40.09)	2:35.15 (40.05)	
3:16.29 (41.14)	3:57.45 (41.16)	4:37.96 (40.51)	5:16.61 (38.65)	
9 Brown, Sophie	14	Swim Conwy Performance Centre	5:08.02	5:21.29
34.65	1:14.04 (39.39)	1:55.12 (41.08)	2:35.59 (40.47)	
3:17.39 (41.80)	3:58.66 (41.27)	4:41.42 (42.76)	5:21.29 (39.87)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session One****(Event 101 Girls 14-15 400 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
10	Roberts, Anya	14	Llanelli Asc	5:31.16	5:23.06
	37.49	1:18.23 (40.74)	1:59.77 (41.54)	2:41.38 (41.61)	
	3:22.58 (41.20)	4:03.33 (40.75)	4:43.80 (40.47)	5:23.06 (39.26)	
11	Holdsworth, Jasmine	14	Celtic Dolphins	5:21.25	5:25.06
	36.73	1:17.09 (40.36)	1:57.92 (40.83)	2:39.82 (41.90)	
	3:21.21 (41.39)	4:02.85 (41.64)	4:43.99 (41.14)	5:25.06 (41.07)	
12	Laugharne, Zoe	15	Celtic Dolphins	5:38.96	5:32.35
	36.79	1:17.39 (40.60)	1:59.36 (41.97)	2:41.71 (42.35)	
	3:24.99 (43.28)	4:08.05 (43.06)	4:51.02 (42.97)	5:32.35 (41.33)	
13	Davies, Sophie	14	Swansea Aquatics	5:30.80	5:36.38
	35.55	1:16.80 (41.25)	2:00.70 (43.90)	2:43.86 (43.16)	
	3:27.82 (43.96)	4:11.57 (43.75)	4:55.69 (44.12)	5:36.38 (40.69)	
14	Glover, Alysia	14	Neath Asc	5:23.44	5:38.21
	36.71	1:18.02 (41.31)	2:00.58 (42.56)	2:44.00 (43.42)	
	3:27.80 (43.80)	4:11.78 (43.98)	4:55.58 (43.80)	5:38.21 (42.63)	

Event 101 Girls 16 & Over 400 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Jones, Ellena	19	Swansea Aquatics	4:20.38	4:16.66
	30.85	1:03.11 (32.26)	1:34.84 (31.73)	2:07.02 (32.18)	
	2:39.01 (31.99)	3:11.45 (32.44)	3:44.41 (32.96)	4:16.66 (32.25)	
2	Griffiths, Isobel	17	City of Birmingham SC	4:15.48	4:24.91
	30.78	1:03.52 (32.74)	1:36.86 (33.34)	2:10.59 (33.73)	
	2:44.34 (33.75)	3:18.32 (33.98)	3:52.09 (33.77)	4:24.91 (32.82)	
3	Rothwell, Harriet	18	Swansea Aquatics	4:28.75	4:35.93
	32.08	1:06.46 (34.38)	1:41.27 (34.81)	2:16.51 (35.24)	
	2:51.15 (34.64)	3:26.75 (35.60)	4:01.74 (34.99)	4:35.93 (34.19)	
4	Kamau, Rebecca	17	City of Birmingham SC	4:28.56	4:37.33
	31.16	1:04.65 (33.49)	1:39.30 (34.65)	2:14.50 (35.20)	
	2:50.19 (35.69)	3:26.31 (36.12)	4:02.23 (35.92)	4:37.33 (35.10)	
5	Hoyle, Katie	18	Swansea Aquatics	4:27.22	4:44.07
	31.98	1:06.34 (34.36)	1:42.02 (35.68)	2:18.66 (36.64)	
	2:55.12 (36.46)	3:31.93 (36.81)	4:08.76 (36.83)	4:44.07 (35.31)	
6	Bozzard-Hill, Zoe	20	City of Birmingham SC	4:40.50	4:44.55
	31.44	1:07.18 (35.74)	1:42.36 (35.18)	2:18.39 (36.03)	
	2:54.58 (36.19)	3:31.46 (36.88)	4:08.58 (37.12)	4:44.55 (35.97)	
7	Black, Rebekah	16	Swansea Aquatics	4:49.30	5:01.01
	33.07	1:09.53 (36.46)	1:47.32 (37.79)	2:25.59 (38.27)	
	3:04.42 (38.83)	3:43.37 (38.95)	4:23.26 (39.89)	5:01.01 (37.75)	
8	Lewis, Awen	17	Neath Asc	4:57.90	5:05.85
	32.86	1:09.75 (36.89)	1:48.26 (38.51)	2:27.82 (39.56)	
	3:07.65 (39.83)	3:48.08 (40.43)	4:28.49 (40.41)	5:05.85 (37.36)	
9	Andrews, Ffion	16	Neath Asc	4:56.31	5:06.70
	33.00	1:10.77 (37.77)	1:49.34 (38.57)	2:29.87 (40.53)	
	3:08.56 (38.69)	3:49.00 (40.44)	4:27.53 (38.53)	5:06.70 (39.17)	
10	McQueen, Amy	17	Swansea Aquatics	4:47.08	5:07.50
	34.15	1:12.29 (38.14)	1:52.28 (39.99)	2:31.60 (39.32)	
	3:10.94 (39.34)	3:49.99 (39.05)	4:29.11 (39.12)	5:07.50 (38.39)	
11	Jones, Niamh J	16	Penyrheol Asc	5:03.41	5:29.20
	34.45	1:13.64 (39.19)	1:54.87 (41.23)	2:37.25 (42.38)	
	3:20.16 (42.91)	4:03.24 (43.08)	4:46.78 (43.54)	5:29.20 (42.42)	

Event 102 Boys 9-10 400 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Leckonby, Dai	10	Swansea Aquatics	6:20.78	6:06.05
	37.80	1:22.82 (45.02)	2:09.11 (46.29)	2:57.16 (48.05)	
	3:46.17 (49.01)	4:32.36 (46.19)	5:20.81 (48.45)	6:06.05 (45.24)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016

Results - Session One

Event 102 Boys 11-12 400 LC Meter Freestyle Level 1

Name	Age	Team	Seed Time	Finals Time
1 Carless, Oliver	12	City of Birmingham SC	4:55.32	4:56.36
31.76	1:07.91 (36.15)	1:45.48 (37.57)	2:23.90 (38.42)	
3:02.29 (38.39)	3:40.92 (38.63)	4:19.23 (38.31)	4:56.36 (37.13)	
2 Watson, Flynn	12	City of Birmingham SC	5:21.80	4:58.22
33.09	1:10.32 (37.23)	1:48.11 (37.79)	2:25.31 (37.20)	
3:04.64 (39.33)	3:42.58 (37.94)	4:20.71 (38.13)	4:58.22 (37.51)	
3 Seppman, Neo	12	Swansea Aquatics	5:24.19	5:22.09
35.43	1:14.65 (39.22)	1:54.70 (40.05)	2:35.44 (40.74)	
3:17.56 (42.12)	3:59.32 (41.76)	4:41.57 (42.25)	5:22.09 (40.52)	
4 Cole, Toby	11	Swansea Aquatics	5:41.35	5:27.47
36.99	1:18.68 (41.69)	2:00.39 (41.71)	2:43.12 (42.73)	
3:25.47 (42.35)	4:09.49 (44.02)	4:48.91 (39.42)	5:27.47 (38.56)	
5 Jones, Rhys	12	Caerphilly County Swim Squad	5:49.33	5:34.41
36.90	1:17.94 (41.04)	2:00.06 (42.12)	2:42.64 (42.58)	
3:25.20 (42.56)	4:09.12 (43.92)	4:50.67 (41.55)	5:34.41 (43.74)	
6 Wingrave-Rix, Harvey	12	Swansea Aquatics	5:23.52	5:41.55
36.22	1:18.41 (42.19)	2:02.48 (44.07)	2:45.93 (43.45)	
3:30.32 (44.39)	4:14.44 (44.12)	4:59.59 (45.15)	5:41.55 (41.96)	
7 Cooper, Joshua	12	Neath Asc	5:22.00	5:46.50
36.93	1:19.80 (42.87)	2:04.01 (44.21)	2:48.32 (44.31)	
3:32.53 (44.21)	4:16.71 (44.18)	5:02.25 (45.54)	5:46.50 (44.25)	

Event 102 Boys 13-14 400 LC Meter Freestyle Level 1

Name	Age	Team	Seed Time	Finals Time
1 Davies, Jacob	14	City of Birmingham SC	4:18.57	4:20.33
28.37	59.70 (31.33)	1:32.02 (32.32)	2:05.98 (33.96)	
2:39.82 (33.84)	3:13.33 (33.51)	3:46.79 (33.46)	4:20.33 (33.54)	
2 Watson, Oliver	14	City of Birmingham SC	4:28.68	4:30.00
30.60	1:04.90 (34.30)	1:38.98 (34.08)	2:14.02 (35.04)	
2:47.89 (33.87)	3:22.65 (34.76)	3:57.15 (34.50)	4:30.00 (32.85)	
3 Skelding, Luke	14	City of Birmingham SC	4:30.91	4:34.77
30.44	1:04.02 (33.58)	1:38.89 (34.87)	2:14.50 (35.61)	
2:49.39 (34.89)	3:25.26 (35.87)	4:00.72 (35.46)	4:34.77 (34.05)	
4 Dark, Jamie	13	City of Birmingham SC	4:40.21	4:41.39
30.87	1:06.30 (35.43)	1:43.12 (36.82)	2:19.58 (36.46)	
2:55.64 (36.06)	3:31.72 (36.08)	4:06.98 (35.26)	4:41.39 (34.41)	
5 Woolley, Acer	13	City of Birmingham SC	4:45.17	4:44.66
30.94	1:05.79 (34.85)	1:41.98 (36.19)	2:18.36 (36.38)	
2:55.20 (36.84)	3:32.20 (37.00)	4:09.23 (37.03)	4:44.66 (35.43)	
6 Martin, Luke	13	City of Southampton Swim Club	5:09.88	5:05.60
35.07	1:14.26 (39.19)	1:52.99 (38.73)	2:33.06 (40.07)	
3:12.57 (39.51)	3:52.10 (39.53)	4:30.65 (38.55)	5:05.60 (34.95)	
7 Jones, Ceirion	13	Merthyr Tydfil Swimming Club	5:21.46	5:20.10
34.04	1:13.70 (39.66)	1:54.37 (40.67)	2:34.67 (40.30)	
3:16.59 (41.92)	3:58.89 (42.30)	4:40.37 (41.48)	5:20.10 (39.73)	

Event 102 Boys 15 & Over 400 LC Meter Freestyle Level 1

Name	Age	Team	Seed Time	Finals Time
1 Osborne, Samuel	15	City of Birmingham SC	4:03.06	4:12.47
29.24	59.84 (30.60)	1:31.43 (31.59)	2:03.07 (31.64)	
2:34.78 (31.71)	3:07.56 (32.78)	3:40.20 (32.64)	4:12.47 (32.27)	
2 Marotta, Daniel	15	Swansea Aquatics	4:17.62	4:15.11
29.56	1:00.94 (31.38)	1:33.28 (32.34)	2:05.74 (32.46)	
2:38.19 (32.45)	3:10.39 (32.20)	3:42.85 (32.46)	4:15.11 (32.26)	
3 Stanford, Benjamin	17	City of Birmingham SC	4:10.73	4:17.93
28.44	59.64 (31.20)	1:31.63 (31.99)	2:04.60 (32.97)	
2:37.17 (32.57)	3:11.10 (33.93)	3:45.15 (34.05)	4:17.93 (32.78)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session One****(Event 102 Boys 15 & Over 400 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
4	Davies, Llewelyn W	15	Swansea Aquatics	4:15.48	4:19.34
	29.55	1:01.45 (31.90)	1:33.55 (32.10)	2:06.67 (33.12)	
	2:39.71 (33.04)	3:13.14 (33.43)	3:46.68 (33.54)	4:19.34 (32.66)	
5	Cole, Iestyn	17	Llanelli Asc	4:28.52	4:20.11
	28.13	59.95 (31.82)	1:32.85 (32.90)	2:06.24 (33.39)	
	2:39.73 (33.49)	3:13.71 (33.98)	4:20.11 (1:06.40)		
6	Andrews, Ryan	16	City of Birmingham SC	4:24.33	4:21.53
	29.96	1:03.03 (33.07)	1:36.62 (33.59)	2:10.37 (33.75)	
	2:43.40 (33.03)	3:17.03 (33.63)	3:50.04 (33.01)	4:21.53 (31.49)	
7	Budd-Thomas, Brandon	16	Swansea Aquatics	4:16.10	4:22.04
	29.87	1:02.34 (32.47)	1:36.00 (33.66)	2:09.63 (33.63)	
	2:43.09 (33.46)	3:16.58 (33.49)	3:49.93 (33.35)	4:22.04 (32.11)	
8	Pardoe, Callum	20	Swansea Aquatics	4:05.10	4:22.51
	29.49	1:02.09 (32.60)	1:35.53 (33.44)	2:09.53 (34.00)	
	2:43.42 (33.89)	3:17.55 (34.13)	3:50.78 (33.23)	4:22.51 (31.73)	
9	Pemberton, Morgan	16	Neath Asc	4:24.94	4:30.91
	30.09	1:03.56 (33.47)	1:38.01 (34.45)	2:13.44 (35.43)	
	2:47.49 (34.05)	3:22.59 (35.10)	3:58.40 (35.81)	4:30.91 (32.51)	
10	Johnson, Sam	17	Swim Conwy Performance Centre	4:32.15	4:34.06
	30.59	1:05.18 (34.59)	1:39.83 (34.65)	2:15.12 (35.29)	
	2:49.74 (34.62)	3:24.88 (35.14)	3:59.83 (34.95)	4:34.06 (34.23)	
11	Short, Simon	18	Neath Asc	4:33.63	4:42.45
	29.13	1:02.42 (33.29)	1:37.22 (34.80)	2:12.81 (35.59)	
	2:49.86 (37.05)	3:27.21 (37.35)	4:04.91 (37.70)	4:42.45 (37.54)	
12	Barton, Jack	15	City of Southampton Swim Club	4:47.83	4:45.75
	31.26	1:05.95 (34.69)	1:41.77 (35.82)	2:18.65 (36.88)	
	2:55.78 (37.13)	3:33.16 (37.38)	4:10.37 (37.21)	4:45.75 (35.38)	
13	Evans, Luke T	16	Chirk Dragons	4:53.61	4:54.28
	30.76	1:06.27 (35.51)	1:43.40 (37.13)	2:21.61 (38.21)	
	3:00.31 (38.70)	3:39.12 (38.81)	4:17.31 (38.19)	4:54.28 (36.97)	
14	Moss, Alistair J	15	Chirk Dragons	5:07.90	4:58.93
	31.77	1:07.73 (35.96)	1:45.48 (37.75)	2:23.99 (38.51)	
	3:02.90 (38.91)	3:42.02 (39.12)	4:21.47 (39.45)	4:58.93 (37.46)	