

# Pembrokeshire County Swimming CLOSED CHAMPIONSHIPS 2024 (Licensed Meet)



## Saturday 14th & Sunday 15<sup>th</sup> September 2024 Haverfordwest Leisure Centre

**License No: 3WL2xxxxxx** 

Closing Date: Friday 16th August 2024













### **Pembrokeshire County Swimming**

### **Closed Championships 2024**

Saturday 14th & Sunday 15th September 2024

**Haverfordwest Leisure centre** 

25 Metre pool, Electronic timing
No Times Required

Male + Female events being swam as mixed heats.

Age as of 15th September

10/U, 11/12 13/14, 15/OV
50m + 100m + 200m All HDW
400M (11/12 Age Band & Above)
200m IM qualify for SKINS A & JNR Finals
All Relays are 200m (4 x 50m) HDW – 13/Under & Open Relays.

MEDAL PLACES: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>

Individual Prizes for SKINS Event – Details below.

AWARD FOR TOP CLUB

Individual Events: £6 per event

**Relay Events: Free entry** 

**Closing Date: Friday 16th August 2024** 



## Pembrokeshire County Swimming CLOSED CHAMPIONSHIPS 2024

Warm up: 8:00am, Start 9:00am.

### **Programme of Events:**

Pembrokeshire County Swimming reserve the right to amend the order of events if necessary.

Saturday 14 <sup>th</sup> September	Sunday 15 <sup>th</sup> September
Session 1	Session 4
101) Mixed 200 Individual Medley	401) Mixed 200 Freestyle
102) Mixed 50 Butterfly	402) Mixed 100 Butterfly
103) Mixed 100 Breaststroke	403) Mixed 50 Breast
104&105) Female Medley Relay (13/Under & Open)	404&405) Female Free Relay (13/Under & Open)
Session 2	Session 5
201) Mixed 400 Free	501) Mixed 400 Individual Medley
202) Mixed 50 Backstroke	502) Mixed 100 Backstroke
203) Mixed 200 Butterfly	503) Mixed 200 Breaststroke
204&205) Male Medley Relay (13/Under & Open)	504&505) Male Free Relay (13/Under & Open)
Session 3	Session 6
301&302) Mixed Jnr Skins finals for 200 IM	601&602) Open Skins Finals for 200 IM
303) Mixed 200 Back	603) Mixed 100 Individual Medley
304) Mixed 100 Free	604) Mixed 50 Freestyle
305&306) Mixed Medley Relay (13/Under & Open)	605&606) Mixed Free Relay (13/Under & Open)



### Pembrokeshire County Swimming Closed Championships 2024

#### Competition rules and conditions

- 1). All events are HDW. Over the top starts may be used.
- 2). All swimmers must be members of Pembrokeshire County Swimming + their home club (H/West, Tenby, Milford, Fishguard or Pembroke).
- 3). Entries will be seeded slowest to fastest from submitted times. Heats will be mixed Male/Female.
- 4). NO late entries will be accepted.
- 5). Swimmers must report to Marshalling Area on poolside.
- 6). No refunds will be given unless a doctor's certificate is provided within 14 days.
- 7). Only 4 club Coach/TM on poolside and must hold a pass which can be authorised prior to meet.
- 8.) Skins finals & Relays—The top 8 male and 8 female swimmers will qualify for the A final regardless of age based on the 200IM results. The top 8 swimmers in the junior age sections (The age for JNR final will be published 7 days prior to the meet) & who did not qualify for the A final will be placed in the Junior final. Token prizes for the Junior Final, cash prizes for the open final. It is not possible to swim in both finals.

  Relays—Mixed events are any order eg Male Female Female Male or Male Male Female Female. 13/under & open age groups. We encourage clubs to swim it as 13/under and 14/over and use swimming up as a last resort. We ask clubs to take this into consideration when submitting relay teams. Swimmers entering relays must have been entered into the meet for an individual race.
- 9). Swimmers must have attained the standard of competitive Start Award in order to start from the blocks (this is the responsibility of the club coach).
- 10). Swimmers who have not attained the standard must lower themselves over the side into the water, on the long whistle of the referee before starting at an appropriate place.
- 11). When a competition involves children under the age of 18 years of age it is a mandatory meet license requirement that all persons (including competitors/ officials / volunteers / spectators), wishing to engage in any kind of photographic activity including video, zoom, close range photography, irrespective of the nature of the device / equipment used for taking / recording such images must register their details with the event management in advance of taking any images.

This includes; but is not limited to: Still Cameras, Cine Cameras, Video Cameras, Camera / Video enabled mobile phones and Camera enabled PDA's

Proof of identity is required to register any photographic / video equipment. Please see below for the policy in full.

- 12). Jewellery for safety and security reasons is not permitted while in the water during warm up, swim down or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings. Wedding bands are permitted. Pembrokeshire County Swimming will not be responsible for any jewellery lost or damaged during the competition
- 13). All participants must observe the safely precautions in operation at Haverfordwest Leisure Centre. Pembrokeshire County Swimming will not be responsible for any loss or damage occurring during this meet.
- 14). Any matters concerning the meet not covered in these rules will be dealt with according to the laws of the sport and at the discretion of the promoter. The promoter reserves the right to amend the Meet rules at their discretion.
- 15). Unacceptable behaviour

Behaviour becomes "unacceptable" when it considered "offensive" to others; this includes, but is not limited to the following:

Theft, wilful damage to property or equipment, acts of vandalism, abuse of alcohol or drugs, bullying, offensive language, aggressive/violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions or directions and actions that bring the sport of swimming into disrepute. Should a swimmer be suspended from club activities for any reason they will be unable to race at this meet. There will be no refunds for swimmers on a suspension.

- 15) All Clubs are asked to provide 3 officials per session in order for the meet to be run to the license requirements.
- 16) Spectators will be allowed for this event as it stands. £2 per session. £5 per day. £8 weekend pass.

The following is adopted from Swim Wales.

Please be advised that photographs and videos may be taken at this event. Swim Wales & PCS are aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of a child/children which may present a risk of harm to the child/children concerned. The use of such equipment is difficult to control but we can all be vigilant. If you have any concerns or safeguarding queries, please bring them to the immediate attention of the event management team. PCS & affiliated clubs may use photographs taken at this event as promotional material and used across public forums including their website and social media accounts, and possibly the local press. Should you wish to refuse photographic permission please contact the event management team on site. The full swim Wales photography guidance policy can be found on the Swim Wales website.

Streaming and social media:

The event may be streamed. The link for streaming will be available prior to the sessions. The stream will start at the beginning of each session over the event. Please behave in a manner that has a positive reflection on you and your club.

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