

## Individual Meet Results

**West Wales Champs 2014 01-Feb-14 to 09-Feb-14 [Ageup: 21/04/2014] SC Meters**

**Location: Haverfordwest Leisure Centre**

**Haverfordwest Swimming Club [HAVY]**

Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event # 2B Girls 800 Free 11-12</b>						
10:28.07S	F	Twigg, Louisa	12	2	---	4.68
<b>Event # 3B Girls 200 Free 15 &amp; Over</b>						
2:17.06S	P	Harding, Jordan E.	16	11	---	1.84
<b>Event # 6A Boys 200 Back 9-11</b>						
3:00.48S	F	Berry, Matthew	11	4	---	-10.19
3:00.63S	P	Berry, Matthew	11	5	---	-10.04
3:03.86S	P	Christopher-Mullin, Travis	10	6	---	-5.11
3:04.07S	F	Christopher-Mullin, Travis	10	6	---	-4.90
3:17.65S	P	Webb, Jac D.	11	9	---	-11.79
3:50.09S	P	Fitzsimmons, Arron	9	16	---	4.70
<b>Event # 6B Boys 200 Back 12-13</b>						
2:34.11S	P	Mottram, Ben	13	2	---	-4.74
2:36.82S	F	Mottram, Ben	13	2	---	-2.03
2:50.76S	P	Webb, Tomas D.	13	8	---	-3.46
2:51.54S	F	Webb, Tomas D.	13	8	---	-2.68
3:13.68S	P	Fitzsimmons, Kian Q.	12	13	---	5.24
<b>Event # 7A Girls 100 Free 9-10</b>						
1:33.97S	P	Mottram, Abbie	9	19	---	-0.55
<b>Event # 7B Girls 100 Free 11-12</b>						
1:09.67S	F	Harding, Lucy	12	7	---	1.07
1:09.75S	P	Harding, Lucy	12	8	---	1.15
1:16.61S	P	Girolami, Rebecca	11	24	---	-3.89
1:27.91S	P	Mathias, Holly	12	39	---	-1.91
1:28.27S	P	Whitworth, Jessica	11	40	---	-2.49
NS	P	Trueman, Lily M.	11	---	---	---
<b>Event # 8A Boys 200 IM 9-11</b>						
3:13.89S	P	Berry, Matthew	11	7	---	-2.92
3:16.98S	P	Webb, Jac D.	11	9	---	-15.94
3:17.36S	F	Berry, Matthew	11	8	---	0.55
3:22.60S	P	Christopher-Mullin, Travis	10	11	---	3.50
3:42.71S	P	Fitzsimmons, Arron	9	23	---	-8.35
3:11.22S	DQ	Barrett, Sean A.	11	---	---	---
3:45.90S	DQ	Whitworth, Conner	10	---	---	---
<b>Event # 8B Boys 200 IM 12-13</b>						
2:37.38S	P	Mottram, Ben	13	6	---	-2.32
2:50.54S	P	Webb, Tomas D.	13	13	---	-4.21
3:23.29S	P	Fitzsimmons, Kian Q.	12	23	---	0.21
<b>Event # 9B Girls 100 Back 15 &amp; Over</b>						
1:04.75S	F	Harding, Jordan E.	16	3	---	0.66
1:04.99S	P	Harding, Jordan E.	16	1	---	0.90
1:11.50S	P	Williams, Kelsey L.	15	7	---	-1.30

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<b>Event # 9B Girls 100 Back 15 &amp; Over</b>						
1:13.63S	F	Williams, Kelsey L.	15	7	---	0.83
NS	P	Watson, Cara M.	17	---	---	---
<b>Event # 10B Boys 100 Fly 16 &amp; Over</b>						
NS	P	Rees, Jack	17	---	---	---
<b>Event # 11B Girls 50 Free 15 &amp; Over</b>						
29.17S	F	Harding, Jordan E.	16	6	---	0.28
30.10S	F	Williams, Kelsey L.	15	11	---	0.51
NS	F	Watson, Cara M.	17	---	---	---
<b>Event # 12A Boys 200 Free 9-11</b>						
2:48.85S	P	Berry, Matthew	11	8	---	-10.32
2:49.49S	P	Christopher-Mullin, Travis	10	9	---	-0.56
2:54.73S	P	Barrett, Sean A.	11	12	---	-19.00
3:01.68S	P	Webb, Jac D.	11	16	---	-9.00
3:20.84S	P	Whitworth, Conner	10	25	---	-21.72
<b>Event # 12B Boys 200 Free 12-13</b>						
2:20.75S	P	Mottram, Ben	13	7	---	-4.39
2:30.30S	P	Webb, Tomas D.	13	13	---	-8.34
2:55.81S	P	Fitzsimmons, Kian Q.	12	25	---	-0.95
<b>Event # 14B Girls 400 Free 11-12</b>						
4:59.15S	F	Twigg, Louisa	12	3	---	-1.74
5:21.57S	F	Harding, Lucy	12	9	---	-12.03
5:55.92S	F	Girolami, Rebecca	11	24	---	-11.53
<b>Event # 15B Girls 200 Fly 15 &amp; Over</b>						
2:26.31S	P	Williams, Kelsey L.	15	4	---	-5.31
2:28.26S	F	Williams, Kelsey L.	15	5	---	-3.36
<b>Event # 16B Girls 100 Fly 11-12</b>						
1:26.50S	P	Harding, Lucy	12	11	---	1.82
<b>Event # 17B Boys 200 IM 16 &amp; Over</b>						
2:32.44S	P	Rees, Jack	17	13	---	0.88
<b>Event # 18A Girls 100 Free 13-14</b>						
1:14.40S	P	Lawrence, Margot	13	37	---	2.50
<b>Event # 18B Girls 100 Free 15 &amp; Over</b>						
1:02.68S	P	Harding, Jordan E.	16	9	---	-0.66
1:02.99S	F	Harding, Jordan E.	16	8	---	-0.35
1:06.39S	P	Russell-Stretch, Alice E.	16	18	---	-0.52
1:08.02S	P	Watson, Cara M.	17	20	---	0.84
<b>Event # 19A Boys 400 IM 9-11</b>						
6:52.44S	F	Christopher-Mullin, Travis	10	2	---	-7.84

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<b>Event # 20A Girls 100 Breast 13-14</b>						
1:31.23S	P	Lawrence, Margot	13	25	---	3.40
<b>Event # 20B Girls 100 Breast 15 &amp; Over</b>						
1:14.61S	F	Williams, Kelsey L.	15	2	---	-1.38
1:15.63S	P	Williams, Kelsey L.	15	1	---	-0.36
1:23.35S	P	Harding, Jordan E.	16	8	---	0.45
1:30.35S	P	Watson, Cara M.	17	18	---	2.98
<b>Event # 22B Girls 400 IM 11-12</b>						
5:29.64S	F	Twigg, Louisa	12	2	---	-49.01
5:58.91S	F	Harding, Lucy	12	5	---	-19.00
<b>Event # 24B Girls 200 Breast 11-12</b>						
2:53.90S	P	Twigg, Louisa	12	1	---	-6.15
2:55.14S	F	Twigg, Louisa	12	1	---	-4.91
3:16.26S	P	Harding, Lucy	12	4	---	-1.73
3:19.93S	F	Harding, Lucy	12	4	---	1.94
3:30.64S	P	Girolami, Rebecca	11	17	---	-8.90
NS	P	Trueman, Lily M.	11	---	---	---
3:34.45S DQ	P	Whitworth, Jessica	11	---	---	---
<b>Event # 25B Boys 200 Free 16 &amp; Over</b>						
2:12.85S	P	Rees, Jack	17	15	---	1.03
<b>Event # 26B Girls 200 Breast 15 &amp; Over</b>						
3:13.70S	F	Watson, Cara M.	17	7	---	5.50
3:14.29S	P	Watson, Cara M.	17	7	---	6.09
<b>Event # 27A Boys 100 Free 9-11</b>						
1:16.10S	P	Berry, Matthew	11	5	---	-6.03
1:16.66S	F	Berry, Matthew	11	6	---	-5.47
1:19.47S	P	Barrett, Sean A.	11	7	---	-6.40
1:20.05S	P	Christopher-Mullin, Travis	10	11	---	2.62
1:20.51S	F	Barrett, Sean A.	11	8	---	-5.36
1:23.39S	P	Webb, Jac D.	11	17	---	-7.20
1:30.41S	P	Whitworth, Conner	10	25	---	-7.89
1:37.36S	P	Fitzsimmons, Arron	9	30	---	-2.98
<b>Event # 27B Boys 100 Free 12-13</b>						
1:01.75S	P	Mottram, Ben	13	2	---	-0.86
1:02.21S	F	Mottram, Ben	13	2	---	-0.40
1:07.16S	P	Webb, Tomas D.	13	10	---	-3.84
1:17.50S	P	Fitzsimmons, Kian Q.	12	19	---	-3.12
<b>Event # 30B Boys 50 Free 16 &amp; Over</b>						
28.04S	F	Rees, Jack	17	9	---	0.72
<b>Event # 31B Girls 200 Back 11-12</b>						

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**Haverfordwest Swimming Club [HAVY]**

Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event # 31B Girls 200 Back 11-12</b>						
3:01.55S	P	Girolami, Rebecca	11	19	---	-7.25
3:05.28S	P	Trueman, Lily M.	11	21	---	-3.20
3:10.92S	P	Griffiths, Poppy	11	25	---	-8.42
3:34.04S	P	Whitworth, Jessica	11	28	---	3.32
<b>Event # 32A Boys 100 Breast 9-11</b>						
1:37.59S	F	Barrett, Sean A.	11	2	---	-1.50
1:41.57S	P	Barrett, Sean A.	11	5	---	2.48
1:48.15S	P	Berry, Matthew	11	9	---	-5.68
1:49.73S	P	Webb, Jac D.	11	12	---	-5.02
1:50.28S	P	Christopher-Mullin, Travis	10	14	---	-0.62
1:55.59S	P	Fitzsimmons, Arron	9	21	---	-7.50
2:00.61S	P	Whitworth, Conner	10	26	---	-4.24
<b>Event # 32B Boys 100 Breast 12-13</b>						
1:26.79S	P	Webb, Tomas D.	13	5	---	-4.07
1:27.14S	F	Webb, Tomas D.	13	6	---	-3.72
1:27.41S	P	Mottram, Ben	13	6	---	-0.57
1:27.73S	F	Mottram, Ben	13	7	---	-0.25
1:31.80S	P	Hill, James T.	12	10	---	-0.55
1:48.74S	P	Fitzsimmons, Kian Q.	12	17	---	-4.68
<b>Event # 35A Girls 200 IM 9-10</b>						
3:39.71S	P	Mottram, Abbie	9	14	---	-5.78
<b>Event # 35B Girls 200 IM 11-12</b>						
2:40.11S	F	Twigg, Louisa	12	4	---	-2.66
2:40.38S	P	Twigg, Louisa	12	4	---	-2.39
3:04.97S	P	Girolami, Rebecca	11	19	---	-11.85
3:15.38S	P	Griffiths, Poppy	11	32	---	-15.10
3:26.77S	P	Whitworth, Jessica	11	37	---	-0.29
NS	P	Harding, Lucy	12	---	---	---
3:05.79S DQ	P	Trueman, Lily M.	11	---	---	---
<b>Event # 36A Boys 400 Free 9-11</b>						
5:49.34S	F	Christopher-Mullin, Travis	10	3	---	-10.07
5:50.86S	F	Berry, Matthew	11	4	---	-18.95
<b>Event # 36B Boys 400 Free 12-13</b>						
5:25.49S	F	Webb, Tomas D.	13	10	---	-10.81
6:11.43S	F	Fitzsimmons, Kian Q.	12	15	---	-7.74
<b>Event # 37B Girls 200 Back 15 &amp; Over</b>						
NS	P	Harding, Jordan E.	16	---	---	---
<b>Event # 38A Girls 200 Free 9-10</b>						
3:18.61S	P	Mottram, Abbie	9	19	---	-5.35
<b>Event # 38B Girls 200 Free 11-12</b>						

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<b>Time</b>	<b>F/P/S</b>	<b>Name</b>	<b>Age</b>	<b>Place</b>	<b>Points</b>	<b>Impr</b>
<b>Event # 38B Girls 200 Free 11-12</b>						
2:25.86S	F	Twigg, Louisa	12	4	---	0.49
2:27.31S	P	Twigg, Louisa	12	4	---	1.94
2:48.20S	P	Girolami, Rebecca	11	25	---	-2.26
3:02.85S	P	Griffiths, Poppy	11	34	---	-3.22
NS	P	Harding, Lucy	12	---	---	---
<b>Event # 39A Boys 200 Breast 9-11</b>						
3:32.69S	P	Barrett, Sean A.	11	3	---	-4.80
3:33.22S	F	Barrett, Sean A.	11	3	---	-4.27
3:46.95S	P	Webb, Jac D.	11	7	---	-14.29
3:47.15S	F	Webb, Jac D.	11	6	---	-14.09
3:52.25S	P	Berry, Matthew	11	9	---	-4.52
3:57.78S	F	Berry, Matthew	11	7	---	1.01
4:01.70S	P	Christopher-Mullin, Travis	10	14	---	5.19
4:05.27S	P	Fitzsimmons, Arron	9	15	---	-16.83
<b>Event # 39B Boys 200 Breast 12-13</b>						
3:11.05S	P	Mottram, Ben	13	8	---	2.59
3:12.51S	P	Webb, Tomas D.	13	9	---	0.90
3:13.96S	F	Webb, Tomas D.	13	8	---	2.35
3:14.15S	P	Hill, James T.	12	10	---	-4.63
<b>Event # 40A Girls 200 IM 13-14</b>						
NS	P	Lawrence, Margot	13	---	---	---
<b>Event # 40B Girls 200 IM 15 &amp; Over</b>						
2:45.55S	P	Russell-Stretch, Alice E.	16	17	---	-3.86
NS	P	Harding, Jordan E.	16	---	---	---
<b>Event # 41B Boys 100 Free 16 &amp; Over</b>						
1:01.20S	P	Rees, Jack	17	15	---	1.66
<b>Event # 43B Girls 100 Fly 15 &amp; Over</b>						
1:10.41S	P	Harding, Jordan E.	16	11	---	0.49
1:16.08S	P	Russell-Stretch, Alice E.	16	17	---	0.08
<b>Event # 44A Boys 100 Fly 9-11</b>						
1:29.15S	F	Barrett, Sean A.	11	3	---	-7.99
1:30.22S	P	Barrett, Sean A.	11	3	---	-6.92
1:41.76S	P	Christopher-Mullin, Travis	10	13	---	-7.79
1:45.26S	P	Berry, Matthew	11	14	---	-0.45
1:54.32S	P	Webb, Jac D.	11	19	---	-2.56
<b>Event # 44B Boys 100 Fly 12-13</b>						
1:09.20S	F	Mottram, Ben	13	2	---	-5.27
1:10.87S	P	Mottram, Ben	13	3	---	-3.60
1:24.72S	F	Webb, Tomas D.	13	8	---	0.86
1:27.50S	P	Webb, Tomas D.	13	9	---	3.64

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<b>Time</b>	<b>F/P/S</b>	<b>Name</b>	<b>Age</b>	<b>Place</b>	<b>Points</b>	<b>Impr</b>
<b>Event # 45A Girls 100 Back 9-10</b>						
1:43.49S	P	Mottram, Abbie	9	20	---	-3.87
<b>Event # 45B Girls 100 Back 11-12</b>						
1:14.13S	P	Twigg, Louisa	12	4	---	-3.33
1:14.72S	F	Twigg, Louisa	12	4	---	-2.74
1:20.23S	P	Harding, Lucy	12	12	---	-2.17
1:28.41S	P	Girolami, Rebecca	11	26	---	-1.22
1:28.42S	P	Griffiths, Poppy	11	27	---	-2.54
NS	P	Trueman, Lily M.	11	---	---	---
<b>Event # 47A Girls 100 Breast 9-10</b>						
1:59.51S	P	Mottram, Abbie	9	17	---	0.96
<b>Event # 47B Girls 100 Breast 11-12</b>						
1:25.26S	P	Twigg, Louisa	12	1	---	-3.95
1:31.56S	F	Harding, Lucy	12	7	---	-2.35
1:34.23S	P	Harding, Lucy	12	9	---	0.32
1:42.13S	P	Girolami, Rebecca	11	29	---	-3.61
1:42.32S	P	Griffiths, Poppy	11	32	---	-3.65
1:45.15S	P	Whitworth, Jessica	11	35	---	0.08
<b>Event # 48A Boys 100 Back 9-11</b>						
1:25.67S	P	Christopher-Mullin, Travis	10	8	---	-4.08
1:26.22S	P	Berry, Matthew	11	9	---	-8.24
1:26.80S	F	Christopher-Mullin, Travis	10	8	---	-2.95
1:36.53S	P	Webb, Jac D.	11	21	---	0.68
1:39.80S	P	Fitzsimmons, Arron	9	27	---	-3.07
1:44.50S	P	Whitworth, Conner	10	32	---	-6.89
<b>Event # 48B Boys 100 Back 12-13</b>						
1:11.43S	F	Mottram, Ben	13	3	---	-3.64
1:13.60S	P	Mottram, Ben	13	3	---	-1.47
1:20.52S	P	Webb, Tomas D.	13	16	---	-1.01
1:30.66S	P	Fitzsimmons, Kian Q.	12	22	---	-1.04
<b>Event # 49B Girls 400 Free 15 &amp; Over</b>						
5:08.64S	F	Russell-Stretch, Alice E.	16	11	---	-6.06
<b>Event # 51 Boys 200 Medley Relay - Lead-Off Legs ( 50 Back )</b>						
33.70S	F	Thompson, Finn L.	16	---	---	-0.16
<b>Event # 52 Girls 200 Medley Relay - Lead-Off Legs ( 50 Back )</b>						
30.86S	F	Harding, Jordan E.	16	---	---	0.07
<b>Event # 55 Boys 200 Medley Relay13 &amp; Under - Lead-Off Legs ( 50 Back )</b>						
37.69S	F	Cooke, Huw O.	13	---	---	-1.47
<b>Event # 56 Girls 200 Medley Relay12 &amp; Under - Lead-Off Legs ( 50 Back )</b>						
36.66S	F	Flannery, Grace V.	12	---	---	-1.98

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event # 57 Boys 200 Medley Relay 9-11 - Lead-Off Legs ( 50 Back )</b>						
40.43S	F	Christopher-Mullin, Travis	10	---	---	-1.49
46.52S	F	Fitzsimmons, Arron	9	---	---	-1.07
<b>Event # 58 Girls 200 Medley Relay 9-10 - Lead-Off Legs ( 50 Back )</b>						
1:44.87S	F	Thomson, Megan E.	9	---	---	47.81
<b>Event # 59 Boys 200 Free Relay - Lead-Off Legs ( 50 Free )</b>						
28.62S	F	Bradley, Liam	17	---	---	-3.56
<b>Event # 60 Girls 200 Free Relay - Lead-Off Legs ( 50 Free )</b>						
28.93S	F	Harding, Jordan E.	16	---	---	0.04
<b>Event # 63 Boys 200 Free Relay13 &amp; Under - Lead-Off Legs ( 50 Free )</b>						
31.09S	F	Cooke, Huw O.	13	---	---	-0.88
<b>Event # 64 Girls 200 Free Relay12 &amp; Under - Lead-Off Legs ( 50 Free )</b>						
32.76S	F	Harding, Lucy	12	---	---	-0.59
<b>Event # 65 Boys 200 Free Relay 9-11 - Lead-Off Legs ( 50 Free )</b>						
36.78S	F	Christopher-Mullin, Travis	10	---	---	-0.19
43.74S	F	Fitzsimmons, Arron	9	---	---	-0.67
<b>Event # 66 Girls 200 Free Relay 9-10 - Lead-Off Legs ( 50 Free )</b>						
45.27S	F	Thomson, Megan E.	9	---	---	-2.96