
Individual Meet Results
West Wales Sub Regional Competition 2013 30-Nov-13 to 01-Dec-13 [Ageup: 09/02/2014] SC Meters
Location: Haverfordwest Leisure Centre
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 1D Boys 1500 Free 16 & Over						
18:04.07S	F	Cooke, Ieuan D.	17	1	8	-22.86
18:48.09S	F	Bradley, Liam	17	2	7	---
Event # 2B Girls 800 Free 11-12						
10:23.39S	F	Twigg, Louisa	12	1	8	---
10:54.63S	F	Harding, Lucy	12	4	5	-40.71
Event # 2C Girls 800 Free 13-14						
13:03.90S	F	Mason, Rhiannon	13	13	---	-117.25
Event # 2D Girls 800 Free 15 & Over						
10:47.34S	F	Bradley, Jessica	15	3	6	---
Event # 3B Boys 50 Free 16 & Over						
28.02S	F	Rees, Jack	17	4	5	0.70
Event # 4B Girls 50 Free 15 & Over						
31.48S	F	Cooke, Mared C.	15	8	1	0.05
Event # 5A Boys 200 IM 9-11						
3:16.81S	F	Berry, Matthew	11	6	3	-8.89
3:19.10S	F	Christopher-Mullin, Travis	10	8	1	-2.87
3:23.05S	F	Barrett, Sean A.	11	9	---	-3.38
3:32.92S	F	Webb, Jac D.	11	14	---	-0.08
3:50.39S	F	Kelly, Dean L.	11	19	---	-1.49
3:51.06S	F	Fitzsimmons, Arron	9	20	---	-13.75
3:55.58S	F	Whitworth, Conner	10	22	---	-21.48
4:28.11S	DQ	Fox, Matty	9	---	---	---
4:02.91S	DQ	Stace, Daniel G.	11	---	---	---
Event # 5B Boys 200 IM 12-13						
3:23.08S	F	Fitzsimmons, Kian Q.	12	7	2	-5.01
Event # 6B Girls 400 IM 11-12						
8:09.74S	DQ	F	Mason, Niamh	11	---	---
Event # 6C Girls 400 IM 13-14						
7:07.04S	F	Mason, Rhiannon	13	8	1	---
Event # 7A Boys 100 Fly 9-11						
1:31.72S	F	Hill, James T.	11	1	8	-5.90
1:43.43S	F	Barrett, Sean A.	11	4	5	6.29
1:45.71S	F	Berry, Matthew	11	7	2	-11.54
1:49.55S	F	Christopher-Mullin, Travis	10	9	---	-1.97
1:56.88S	F	Webb, Jac D.	11	11	---	-2.22
2:20.69S	F	Kelly, Dean L.	11	16	---	5.27
2:21.44S	F	Fitzsimmons, Arron	9	17	---	---
2:15.32S	DQ	F	Whitworth, Conner	10	---	---

Individual Meet Results

West Wales Sub Regional Competition 2013 30-Nov-13 to 01-Dec-13 [Ageup: 09/02/2014] SC Meters
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 7B Boys 100 Fly 12-13						
1:23.86S	F	Webb, Tomas D.	13	2	7	-5.09
1:49.86S	F	Fitzsimmons, Kian Q.	12	9	---	-2.82
Event # 8A Girls 100 Fly 9-10						
1:52.90S	F	Whalley, Charlotte C.	9	7	2	-5.46
2:25.90S	DQ	F	Griffiths, Emily	10	---	---
Event # 8B Girls 100 Fly 11-12						
1:40.77S	F	Trueman, Lily M.	11	4	5	-2.93
1:41.30S	F	Girolami, Rebecca	11	6	3	-6.17
1:51.88S	F	Griffiths, Poppy	11	11	---	---
1:56.15S	F	Mathias, Holly	12	14	---	-5.13
2:01.54S	F	Whitworth, Jessica	11	17	---	-3.58
NS	F	Lawrence, Margot	12	---	---	---
Event # 9A Boys 200 Back 14-15						
2:46.37S	DQ	F	Akay, Baris R.	14	---	---
Event # 11A Boys 200 Free 9-11						
2:38.80S	F	Hill, James T.	11	1	8	-1.92
2:53.01S	F	Christopher-Mullin, Travis	10	6	3	2.96
2:59.17S	F	Berry, Matthew	11	10	---	-1.89
3:10.69S	F	Kelly, Dean L.	11	16	---	-1.97
3:19.04S	F	Webb, Jac D.	11	20	---	8.36
3:39.51S	F	Stace, Daniel G.	11	24	---	-11.02
3:42.56S	F	Whitworth, Conner	10	27	---	-4.02
3:49.03S	F	Fitzsimmons, Arron	9	29	---	-5.35
Event # 11B Boys 200 Free 12-13						
2:59.45S	F	Fitzsimmons, Kian Q.	12	8	1	2.69
Event # 12A Girls 200 Free 9-10						
3:10.45S	F	Whalley, Charlotte C.	9	6	3	8.09
3:23.96S	F	Mottram, Abbie	9	13	---	-15.15
3:45.61S	F	Griffiths, Emily	10	24	---	0.18
Event # 12B Girls 200 Free 11-12						
2:50.46S	F	Girolami, Rebecca	11	8	1	-6.71
3:17.54S	F	Mathias, Holly	12	21	---	3.21
3:20.05S	F	Whitworth, Jessica	11	23	---	5.98
NS	F	McCartney, Catriona L.	12	---	---	---
Event # 13A Boys 100 Breast 14-15						
1:43.49S	F	Akay, Baris R.	14	11	---	6.88
Event # 15A Boys 400 Free 9-11						
6:08.37S	F	Christopher-Mullin, Travis	10	4	5	8.96
6:09.81S	F	Berry, Matthew	11	5	4	-134.95

Individual Meet Results

West Wales Sub Regional Competition 2013 30-Nov-13 to 01-Dec-13 [Ageup: 09/02/2014] SC Meters
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 15A Boys 400 Free 9-11						
6:51.83S	F	Kelly, Dean L.	11	9	---	22.00
7:36.00S	F	Stace, Daniel G.	11	12	---	-13.91
Event # 15B Boys 400 Free 12-13						
5:36.30S	F	Webb, Tomas D.	13	7	2	-7.97
6:19.17S	F	Fitzsimmons, Kian Q.	12	9	---	-5.58
Event # 15C Boys 400 Free 14-15						
5:08.79S	F	Thompson, Finn L.	15	4	5	9.45
Event # 16A Girls 100 Back 9-10						
1:35.33S	F	Whalley, Charlotte C.	9	4	5	-2.06
1:47.36S	F	Mottram, Abbie	9	11	---	-2.36
1:50.49S	F	Griffiths, Emily	10	14	---	1.34
Event # 16B Girls 100 Back 11-12						
1:28.57S	F	Trueman, Lily M.	11	9	---	1.37
1:30.96S	F	Griffiths, Poppy	11	12	---	-1.96
1:31.50S	F	Girolami, Rebecca	11	13	---	1.87
1:46.16S	F	Mathias, Holly	12	25	---	-10.24
NS	F	McCartney, Catriona L.	12	---	---	---
Event # 17A Boys 100 Back 9-11						
1:25.79S	F	Hill, James T.	11	4	5	0.25
1:30.92S	F	Christopher-Mullin, Travis	10	6	3	1.17
1:34.46S	F	Berry, Matthew	11	10	---	-0.08
1:40.34S	F	Webb, Jac D.	11	14	---	4.49
1:41.50S	F	Kelly, Dean L.	11	16	---	5.60
1:42.87S	F	Fitzsimmons, Arron	9	18	---	---
1:43.76S	F	Barrett, Sean A.	11	22	---	-6.98
1:45.76S	F	Stace, Daniel G.	11	25	---	-3.31
1:52.91S	F	Whitworth, Conner	10	30	---	1.52
Event # 17B Boys 100 Back 12-13						
1:21.53S	F	Webb, Tomas D.	13	2	7	-0.16
1:31.70S	F	Fitzsimmons, Kian Q.	12	8	1	-2.21
Event # 18B Girls 200 Fly 15 & Over						
2:34.98S	F	Harding, Jordan E.	15	2	7	0.98
2:59.57S	F	Bradley, Jessica	15	5	4	-1.27
Event # 20A Girls 200 Breast 9-10						
3:51.75S	F	Whalley, Charlotte C.	9	2	7	-5.62
4:27.18S	F	Griffiths, Emily	10	14	---	5.98
Event # 20B Girls 200 Breast 11-12						
3:00.05S	F	Twigg, Louisa	12	1	8	-7.95
3:17.99S	F	Harding, Lucy	12	4	5	-3.25
3:38.61S	F	Griffiths, Poppy	11	14	---	---

Individual Meet Results

West Wales Sub Regional Competition 2013 30-Nov-13 to 01-Dec-13 [Ageup: 09/02/2014] SC Meters
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 20B Girls 200 Breast 11-12						
3:39.54S	F	Girolami, Rebecca	11	15	---	-3.72
3:49.74S	F	Mason, Niamh	11	20	---	-5.51
3:58.04S	F	Trueman, Lily M.	11	22	---	-38.30
4:17.13S	F	Mathias, Holly	12	26	---	6.54
NS	F	McCartney, Catriona L.	12	---	---	---
3:48.19S	DQ	F	Whitworth, Jessica	11	---	---
Event # 21A Boys 200 Breast 9-11						
3:20.20S	F	Hill, James T.	11	1	8	1.42
3:37.49S	F	Barrett, Sean A.	11	3	6	-4.43
3:56.77S	F	Berry, Matthew	11	10	---	-14.64
4:01.53S	F	Webb, Jac D.	11	15	---	0.29
4:01.71S	F	Christopher-Mullin, Travis	10	16	---	5.20
4:23.97S	F	Fitzsimmons, Arron	9	22	---	1.87
4:38.22S	F	Stace, Daniel G.	11	24	---	3.04
Event # 21B Boys 200 Breast 12-13						
3:08.46S	F	Mottram, Ben	13	4	5	-2.82
3:14.86S	F	Webb, Tomas D.	13	8	1	3.25
4:08.20S	F	Fitzsimmons, Kian Q.	12	17	---	1.62
Event # 22B Girls 100 Free 15 & Over						
NS	F	Bradley, Jessica	15	---	---	---
NS	F	Cooke, Mared C.	15	---	---	---
Event # 23A Boys 100 Free 14-15						
1:08.26S	F	Thompson, Finn L.	15	9	---	2.09
Event # 23B Boys 100 Free 16 & Over						
1:00.63S	F	Rees, Jack	17	3	6	1.09
Event # 24A Boys 400 IM 9-11						
7:00.28S	F	Christopher-Mullin, Travis	10	2	7	---
6:12.46S	DQ	F	Hill, James T.	11	---	---
Event # 24B Boys 400 IM 12-13						
6:11.64S	F	Webb, Tomas D.	13	3	6	---
Event # 25A Girls 200 IM 9-10						
3:23.83S	F	Whalley, Charlotte C.	9	3	6	-6.11
3:45.49S	F	Mottram, Abbie	9	8	1	-5.69
4:10.49S	F	Griffiths, Emily	10	15	---	0.92
Event # 25B Girls 200 IM 11-12						
3:16.82S	F	Girolami, Rebecca	11	17	---	-2.23
3:18.28S	F	Trueman, Lily M.	11	19	---	-4.81
3:27.06S	F	Whitworth, Jessica	11	26	---	-2.84
3:30.48S	F	Griffiths, Poppy	11	28	---	-1.14
3:38.79S	F	Mason, Niamh	11	33	---	-3.54

Individual Meet Results

West Wales Sub Regional Competition 2013 30-Nov-13 to 01-Dec-13 [Ageup: 09/02/2014] SC Meters
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 25B Girls 200 IM 11-12						
3:41.83S	F	Mathias, Holly	12	34	---	-2.72
NS	F	Lawrence, Margot	12	---	---	---
NS	F	McCartney, Catriona L.	12	---	---	---
3:52.61S	DQ	F Wiggins-Jeffries, Hannah G.	11	---	---	---
Event # 25C Girls 200 IM 13-14						
2:47.32S	F	Meopham, Beth	14	1	8	-5.37
3:19.87S	F	Mason, Rhiannon	13	18	---	4.47
Event # 26B Boys 100 Fly 16 & Over						
1:09.23S	F	Rees, Jack	17	2	7	1.07
Event # 27A Girls 100 Fly 13-14						
1:24.44S	F	Meopham, Beth	14	5	4	1.03
1:53.43S	F	Mason, Rhiannon	13	20	---	4.53
Event # 27B Girls 100 Fly 15 & Over						
1:10.16S	F	Harding, Jordan E.	15	1	8	0.24
1:18.90S	F	Bradley, Jessica	15	5	4	-0.73
Event # 28A Boys 200 Back 9-11						
2:57.80S	F	Hill, James T.	11	3	6	-3.15
3:08.97S	F	Christopher-Mullin, Travis	10	5	4	-0.52
3:10.67S	F	Berry, Matthew	11	6	3	-9.51
3:25.19S	F	Kelly, Dean L.	11	8	1	3.29
3:29.44S	F	Webb, Jac D.	11	11	---	-2.25
3:45.39S	F	Fitzsimmons, Arron	9	14	---	-10.15
Event # 28B Boys 200 Back 12-13						
2:54.22S	F	Webb, Tomas D.	13	4	5	-2.92
3:08.44S	F	Fitzsimmons, Kian Q.	12	7	2	-14.10
Event # 29A Girls 200 Back 9-10						
3:15.37S	F	Whalley, Charlotte C.	9	3	6	-4.14
3:48.11S	DQ	F Griffiths, Emily	10	---	---	---
Event # 29B Girls 200 Back 11-12						
3:08.48S	F	Trueman, Lily M.	11	4	5	-3.02
3:10.79S	F	Girolami, Rebecca	11	5	4	1.99
3:19.34S	F	Griffiths, Poppy	11	14	---	---
3:30.72S	F	Whitworth, Jessica	11	16	---	-3.35
3:44.17S	F	Mathias, Holly	12	19	---	---
Event # 30A Boys 200 Free 14-15						
2:23.48S	F	Thompson, Finn L.	15	6	3	0.43
2:29.09S	F	Akay, Baris R.	14	9	---	10.75
Event # 30B Boys 200 Free 16 & Over						
2:14.53S	F	Rees, Jack	17	1	8	2.71

Individual Meet Results
West Wales Sub Regional Competition 2013 30-Nov-13 to 01-Dec-13 [Ageup: 09/02/2014] SC Meters
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 30B Boys 200 Free 16 & Over						
NS	F	Bradley, Liam	17	---	---	---
Event # 31A Girls 200 Free 13-14						
2:33.38S	F	Meopham, Beth	14	8	0.5	-4.78
Event # 31B Girls 200 Free 15 & Over						
2:26.22S	F	Watson, Cara M.	16	3	6	-1.01
NS	F	Bradley, Jessica	15	---	---	---
Event # 32A Boys 100 Breast 9-11						
1:32.74S	F	Hill, James T.	11	1	8	0.39
1:39.09S	F	Barrett, Sean A.	11	3	6	-1.60
1:53.83S	F	Berry, Matthew	11	9	---	-2.52
1:54.22S	F	Christopher-Mullin, Travis	10	13	---	3.32
1:56.87S	F	Webb, Jac D.	11	16	---	2.12
2:03.09S	F	Fitzsimmons, Arron	9	23	---	---
2:04.85S	F	Whitworth, Conner	10	24	---	-6.00
2:15.04S	F	Kelly, Dean L.	11	31	---	1.36
Event # 32B Boys 100 Breast 12-13						
1:27.98S	F	Mottram, Ben	13	4	5	-2.69
1:30.86S	F	Webb, Tomas D.	13	7	2	-0.36
1:54.65S	F	Fitzsimmons, Kian Q.	12	22	---	1.23
Event # 33A Girls 100 Breast 9-10						
1:48.96S	F	Whalley, Charlotte C.	9	4	5	-5.77
1:58.55S	F	Mottram, Abbie	9	11	---	-7.03
2:09.41S	F	Griffiths, Emily	10	20	---	3.43
Event # 33B Girls 100 Breast 11-12						
1:45.74S	F	Girolami, Rebecca	11	9	---	-1.33
1:46.18S	F	Mason, Niamh	11	11	---	-4.04
1:56.19S	F	Wiggins-Jeffries, Hannah G.	11	20	---	4.34
1:57.50S	F	Mathias, Holly	12	22	---	2.24
1:45.70S	DQ	Griffiths, Poppy	11	---	---	---
NS	F	McCartney, Catriona L.	12	---	---	---
1:48.26S	DQ	Trueman, Lily M.	11	---	---	---
Event # 34B Girls 400 Free 11-12						
6:25.01S	F	Girolami, Rebecca	11	17	---	17.56
Event # 34C Girls 400 Free 13-14						
5:27.98S	F	Meopham, Beth	14	9	---	-2.31
Event # 34D Girls 400 Free 15 & Over						
NS	F	Bradley, Jessica	15	---	---	---
Event # 35A Boys 100 Back 14-15						
1:18.08S	F	Akay, Baris R.	14	8	1	3.02

Individual Meet Results
West Wales Sub Regional Competition 2013 30-Nov-13 to 01-Dec-13 [Ageup: 09/02/2014] SC Meters
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 36A Girls 100 Back 13-14						
1:24.61S	F	Meopham, Beth	14	18	---	3.39
Event # 36B Girls 100 Back 15 & Over						
1:17.96S	F	Watson, Cara M.	16	5	4	0.12
Event # 38B Girls 200 Fly 11-12						
2:52.61S	F	Twigg, Louisa	12	1	8	-14.54
3:15.28S	F	Harding, Lucy	12	4	5	-0.81
Event # 39A Boys 200 Breast 14-15						
3:45.90S	F	Akay, Baris R.	14	9	---	11.85
Event # 40A Girls 200 Breast 13-14						
3:12.31S	F	Meopham, Beth	14	9	---	3.78
3:43.51S	F	Mason, Rhiannon	13	21	---	5.58
Event # 40B Girls 200 Breast 15 & Over						
2:57.90S	F	Harding, Jordan E.	15	2	7	2.70
3:14.43S	DQ F	Watson, Cara M.	16	---	---	---
Event # 41A Boys 100 Free 9-11						
1:12.66S	F	Hill, James T.	11	2	7	-0.67
1:22.13S	F	Berry, Matthew	11	11	---	-0.05
1:22.20S	F	Christopher-Mullin, Travis	10	12	---	4.77
1:25.87S	F	Barrett, Sean A.	11	17	---	-2.60
1:30.47S	F	Kelly, Dean L.	11	22	---	0.62
1:33.11S	F	Webb, Jac D.	11	27	---	2.52
1:40.34S	F	Fitzsimmons, Arron	9	37	---	---
1:45.62S	DQ F	Fox, Matty	9	---	---	---
Event # 41B Boys 100 Free 12-13						
1:02.61S	F	Mottram, Ben	13	1	8	-2.49
1:11.00S	F	Webb, Tomas D.	13	10	---	-1.12
1:20.62S	F	Fitzsimmons, Kian Q.	12	21	---	-0.74
Event # 42A Girls 100 Free 9-10						
1:22.97S	F	Whalley, Charlotte C.	9	4	5	-3.56
1:34.52S	F	Mottram, Abbie	9	14	---	-2.23
1:46.10S	F	Griffiths, Emily	10	27	---	3.21
Event # 42B Girls 100 Free 11-12						
1:08.60S	F	Harding, Lucy	12	1	8	-1.27
1:09.76S	F	Twigg, Louisa	12	3	6	-0.42
1:20.79S	F	Girolami, Rebecca	11	21	---	0.29
1:22.50S	F	Trueman, Lily M.	11	23	---	-3.58
1:24.04S	F	Griffiths, Poppy	11	27	---	-1.39
1:29.82S	F	Mathias, Holly	12	32	---	-1.08
1:30.25S	F	Mason, Niamh	11	33	---	-2.36

Individual Meet Results

West Wales Sub Regional Competition 2013 30-Nov-13 to 01-Dec-13 [Ageup: 09/02/2014] SC Meters
Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 42B Girls 100 Free 11-12						
1:46.24S	F	Wiggins-Jeffries, Hannah G.	11	44	---	-2.02
NS	F	Lawrence, Margot	12	---	---	---
Event # 43 Boys 200 Medley Relay 9-11 - Lead-Off Legs (50 Back)						
41.92S	F	Christopher-Mullin, Travis	10	---	---	-0.49
47.42S	F	Kelly, Dean L.	11	---	---	---
Event # 44 Girls 200 Medley Relay 9-10 - Lead-Off Legs (50 Back)						
54.03S	F	Robinson, Francesca S.	10	---	---	0.14
Event # 45 Boys 200 Medley Relay13 & Under - Lead-Off Legs (50 Back)						
46.31S	F	Christopher-Barnes, Freddy J.	13	---	---	0.82
Event # 46 Girls 200 Medley Relay12 & Under - Lead-Off Legs (50 Back)						
36.96S	F	Twigg, Louisa	12	---	---	0.30
Event # 49 Boys 200 Medley Relay - Lead-Off Legs (50 Back)						
33.86S	F	Thompson, Finn L.	15	---	---	-1.07
Event # 50 Girls 200 Medley Relay - Lead-Off Legs (50 Back)						
31.19S	F	Harding, Jordan E.	15	---	---	0.40
Event # 51 Girls 200 Free Relay 9-10 - Lead-Off Legs (50 Free)						
47.87S	F	Griffiths, Emily	10	---	---	3.00
Event # 52 Boys 200 Free Relay 9-11 - Lead-Off Legs (50 Free)						
37.03S	F	Christopher-Mullin, Travis	10	---	---	0.06
42.21S	F	Kelly, Dean L.	11	---	---	---
Event # 53 Girls 200 Free Relay12 & Under - Lead-Off Legs (50 Free)						
37.37S	F	Trueman, Lily M.	11	---	---	-1.83
Event # 54 Boys 200 Free Relay13 & Under - Lead-Off Legs (50 Free)						
33.09S	F	Webb, Tomas D.	13	---	---	-3.08
Event # 57 Girls 200 Free Relay - Lead-Off Legs (50 Free)						
30.93S	F	Watson, Cara M.	16	---	---	-0.94
Event # 58 Boys 200 Free Relay - Lead-Off Legs (50 Free)						
27.59S	F	Rees, Jack	17	---	---	0.27