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**Individual Meet Results**

West Wales Region 'No Time' Gala 2015 22-Mar-15 SC Meters

Location: Carmarthen Leisure Centre

Haverfordwest Swimming Club [HAVY]

Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event # 1C Girls 200 Free 10-10</b>						
3:47.12S	F	Bennett, Briony	10	4	---	---
<b>Event # 3A Girls 50 Fly 8-8</b>						
1:01.84S	F	Powell, Jessica	8	4	---	---
<b>Event # 3B Girls 50 Fly 9-9</b>						
57.96S	F	Moses, Ffion M.	9	2	---	---
<b>Event # 4C Boys 100 Breast 10-10</b>						
2:20.97S	F	Kessels, Hugo H.	10	5	---	-10.03
<b>Event # 5A Girls 100 Breast 8-8</b>						
2:46.46S	F	Powell, Jessica	8	2	---	---
<b>Event # 5C Girls 100 Breast 10-10</b>						
2:12.21S	F	Palmer, Amelia J.	10	8	---	-9.66
<b>Event # 8C Boys 100 Back 10-10</b>						
2:08.88S	F	Kessels, Hugo H.	10	3	---	-12.74
<b>Event # 9A Girls 100 Back 8-8</b>						
2:08.80S	F	Powell, Jessica	8	2	---	---
<b>Event # 9B Girls 100 Back 9-9</b>						
1:51.39S	F	Moses, Ffion M.	9	1	---	---
<b>Event # 9C Girls 100 Back 10-10</b>						
2:08.66S	F	Palmer, Amelia J.	10	9	---	6.69
<b>Event # 10C Boys 200 Free 10-10</b>						
3:53.56S	F	Kessels, Hugo H.	10	3	---	---
<b>Event # 13A Girls 100 Fly 8-8</b>						
2:26.44S	DQ F	Powell, Jessica	8	---	---	---
<b>Event # 13C Girls 100 Fly 10-10</b>						
2:08.82S	F	Bennett, Briony	10	3	---	---
<b>Event # 15B Girls 50 Back 9-9</b>						
54.86S	F	Moses, Ffion M.	9	1	---	---
<b>Event # 17A Girls 100 Free 8-8</b>						
1:56.13S	F	Powell, Jessica	8	3	---	---
<b>Event # 17C Girls 100 Free 10-10</b>						
1:56.75S	F	Palmer, Amelia J.	10	6	---	---

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**West Wales Region 'No Time' Gala 2015 22-Mar-15 SC Meters**  
**Haverfordwest Swimming Club [HAVY]**

<b>Time</b>	<b>F/P/S</b>	<b>Name</b>	<b>Age</b>	<b>Place</b>	<b>Points</b>	<b>Impr</b>
<b>Event # 20B Girls 100 IM 9-9</b>						
1:55.17S	F	Moses, Ffion M.	9	1	---	---
<b>Event # 22C Girls 200 IM 10-10</b>						
4:04.62S	F	Bennett, Briony	10	5	---	---